

Module 4 Review

1. AHA Guidelines recommend improving the frequency of bystander CPR, the quality of CPR, and post resuscitation care.
 - a. True
 - b. False
2. High Quality CPR involves:
 - a. Compression rate 80, stopping compressions to attach the AED
 - b. Stopping compression to intubate and start the IV
 - c. Limited interruptions < 10 seconds, compression rate at least 100, depth of 2 inches, complete recoil, and switching compressors every 2 minutes
 - d. Moving the patient to the stretcher and heading to the ED
3. What is the correct sequence for CPR based on recent guideline changes?
 - a. Airway, Breathing, Compressions
 - b. Breathing, Airway, Compressions
 - c. Compressions, Airway, Breathing
 - d. None of the above
4. Hyperventilation worsens ischemia and causes hyperinflation of the chest causing impedance of venous return to the heart.
 - a. True
 - b. False
5. The Pit Crew Approach or Team Based method requires:
 - a. Communication
 - b. Practice
 - c. Role assignments
 - d. All of above
6. One quality improvement effort “re-tasked” the first five minutes of management for the cardiac arrest victim. Which describes what this EMS agency did?
 - a. Maximized hands on time
 - b. Deferred tasks like airway management and drugs
 - c. Created a plan, practiced, and provided feedback to staff
 - d. All of the above
7. A team approach or cardiac drill consists of all of the following except:
 - a. Assignments for specific tasks-compressor, airway manager, AED operator
 - b. Moving the patient out of view of the public
 - c. A focus on High Quality CPR
 - d. A leader who monitors and records the process
8. Data collection and feedback will help us improve our processes in the care of the cardiac arrest victim.
 - a. True
 - b. False
9. North Carolina (RACE CARS) is a part of a national project called HeartRescue, sponsored by the Medtronic Foundation, which has the goal of improving survival by 50% over the next five years.
 - a. True
 - b. False