

## Module 3 Review

1. First responders and EMS agencies should use High Quality CPR and Team Approaches to Out of Hospital Cardiac Arrest.
  - a. True
  - b. False
2. High Quality CPR involves:
  - a. Compression rate 80, stopping compressions to attach the AED
  - b. Stopping compression to intubate and start the IV
  - c. Limited interruptions < 10 seconds, compression rate at least 100, depth of 2 inches, complete recoil, and switching compressors every 2 minutes
  - d. Moving the patient to the stretcher and heading to the ED
3. CPR maximizes cerebral and coronary perfusion and boosts myocardial responsiveness which increases the chance of ROSC.
  - a. True
  - b. False
4. AED recommendations include:
  - a. Quick application
  - b. Consideration of compressions while charging
  - c. Quick initiation of compressions after shock or if no shock recommended
  - d. All of the above
5. A team approach or cardiac drill consists of all of the following except:
  - a. Assignments for specific tasks-compressor, airway manager, AED operator
  - b. Moving the patient out of view of the public
  - c. A focus on High Quality CPR
  - d. A leader who monitors and records the process
6. Research shows that limiting hands off time increases the percentage of successful resuscitations?
  - a. True
  - b. False
7. Research shows that rate of compressions matter in ROSC?
  - a. True
  - b. False
8. Data collection and feedback will help us improve our processes in the care of the cardiac arrest victim.
  - a. True
  - b. False
9. North Carolina (RACE CARS) is a part of a national project called HeartRescue, sponsored by the Medtronic Foundation, which has the goal of improving survival by 50% over the next five years.
  - a. True
  - b. False

Answers: 1. True, 2. C, 3. True, 4. D, 5. B, 6. True, 7. True, 8. True, 9. True