RACE Coordinator Role Systems of Care Coordinator Role

You Make it Happen!

STEMI Systems: *RACE* -> The ACCELERATOR Program and Expanding to Other Time Dependency Emergencies

Mayme Lou Roettig

on behalf of the Thousands of *RACE* Colleagues in North Carolina







- ☐ Education-> specifically Medical Healthcare Practitioner Education
- ☐ How do we change physician and HC practitioners behaviors?
 - Measure It !!
 - ➤ Data Drives change- PI-CME; Disease state registries; potential of EMR.....Linked Pre-hospital-Hospital-Out-patient/Clinics
 - ➤ Measure per provider, practice, hospital- -> "System"
 - Move their food
 - ➤ Reimbursement- Moving from RVUs to ACO quality cost payment incentives; bundled payment







- ☐ Fragmentation of healthcare
- ☐ Cost of healthcare
 - Fiscal and human factors
- ☐ Competence and training of providers of healthcare
- ☐ Commercial Influences

The Opportunity

From Bench to Bedsing

Therapy developed Phase I-III Clinical Trials Publication litial Practice Guidelines Widespread Adoption

8-10 years







Can we provide an Outcomes- based system of care in the US?

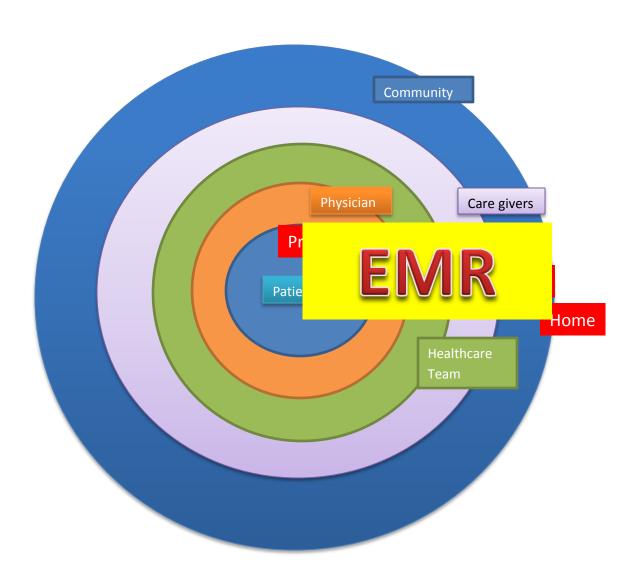
Can HC research & education leaders provide scalable models that are sustainable?





"..one thing is certain: the era of fragmented care delivery should draw to a close. Too many Medicare beneficiaries — like many other patients — have suffered at the hands of wasteful, ineffective, and poorly coordinated systems of care... "

Systems of Care Model









Can HC research & education leaders provide scalable models that are sustainable?

Lessons Learned from Reperfusion of Acute MI in Carolina Emergency Departments

Mayme Lou Roettig, RN MSN

Director, Systems of Care and Implementation Education

Assistant Director, Center For Educational Excellence

Duke University, Durham, North Carolina



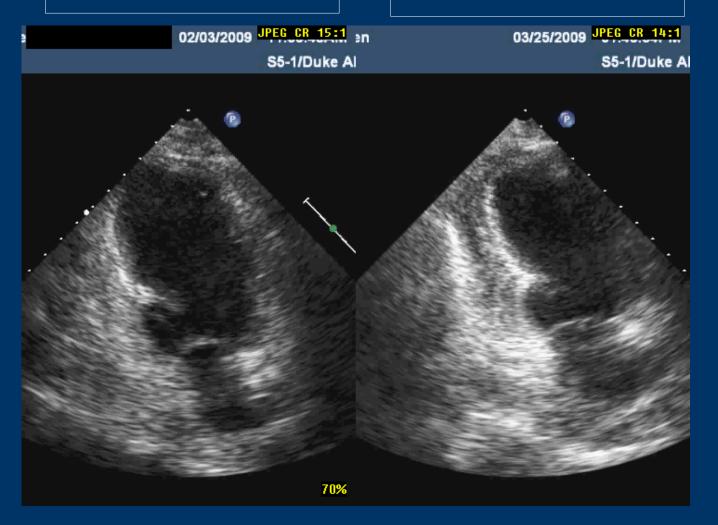


"..one thing is certain: the era of fragmented care delivery should draw to a close. Too many Medicare beneficiaries — like many other patients — have suffered at the hands of wasteful, ineffective, and poorly coordinated systems of care..."

The Evidence for Reperfusion Therapy

120+ minutes to device "Cardiac cripple" or shock and death

< 60 minutes to device Home in 3 days Normal life



RACE-Duke pilot (2003)

THURSDAY, SEPTEMBER 4, 2003

THE HERALD-SUN | DURHAM, NORTH CAROLINA

PAGE B3

FROM PAGE ONE

Duke project to give a boost to heart attack care

Hot line connects hospitals to Duke specialists day and night

BY JIM SHAMP

jshamp@heraldsun.com; 419-6633

More than half the people who have heart attacks in North Carolina don't get the clot-busting medicines or vein-widening angioplasties and stents considered the standard of proper care by cardiology professionals.

As a result, Duke Clinical Research Institute physicians announced Wednesday that they're embarking on an eighthospital project to find road-blocks, streamline communications and develop strategies for the state's hospitals to use in saving lives.

"Who are these people who are eligible for lifesaving therapy and not getting it?" asked Mat Lotfi, a DCRI researcher leading the pilot project aimed at treating all patients in North Carolina within 90 minutes of their heart attack. "We're going to try to find out, characterize the problem, and find the best ways to deal with it."

Lotfi said some doctors in emergency departments in small rural hospitals sometimes are reluctant to make the quick lifeand-death decisions that may be required for administering powerful clot-dissolving drugs such as t-PA, or tissue plasminogen activator.

"Some emergency physicians are worried both medically and legally about the possibility of creating a big bleed in someone's head by using these drugs," Lotfi

INFORMED SOURCE

Mar Lotfi, 32, is a research associate with Duke Clinical Research Institute, specializing in health system development.

Lotfi grew up in Charlotte, but he moved to Canada when he was 17 years old. He completed his medical training, residency and specialty training at the University of Toronto, and came to Duke



ago to participate in cardiology research. Lotfi, who is single, said he plans to be at Duke at least

10 months

another year. He enjoys golf in his spare time.

said. "And they may not be equipped to perform angioplasty," the process of running a thin probe into a coronary artery to inflate a tiny balloon that can open a blockage and stop a heart attack.

The Duke-led regional pilot program brings together emergency medical specialists using a round-the-clock hot line to share expertise and speed up the doctors' response.

Under the pilot program, sponsored through a \$160,000 grant from Genentech, the biotech firm that makes t-PA, a doctor at Person Memorial, Maria Parham or any of the other participating hospitals' emergency rooms can call a toll-free number any time of the night or day. Within 30 seconds, the caller is connected to a Duke cardiologist, Lotfi said.

Other hospitals in the program include Durham Regional; Alamance, Southeastern and Sampson regional medical centers; and Nash Health Care System in Rocky Mount.

Some participating hospitals that didn't have full-time electrocardiogram equipment and fax machines in their emergency departments now have them, he said, so their doctors can communicate data to the Duke cardiologist. If a patient's symptoms, medical history and EKG strip confirm a heart attack, the doctors at each end of the line can decide whether to give the patient medication or ancioplasty immediately, or to transport the patient to Duke or another facility for specialized care.

"So far, since we started this May 4, we've been able to keep the total response time to under four minutes to make a decision," Lotfi said.

James Jollis, a Duke cardiologist on the team, said a patient came to one of the participating hospitals recently with chest pain and an EKG bearing some signs of a heart attack.

"Their doctor called the new hot line, and the decision was made to give the patient an immediate catheterization," Joilis said. Catheterization involves injecting dye into the coronary arteries to spot a blockage with a full-motion X-ray of the heart.

"It was the right decision, because it turned out this patient didn't have a blockage," Jollis said. "The EKG was a false reading, so the patient was spared the bleeding risk of getting a [clotdissolving drug]."

The researchers said they hope to fine-tune the program to expand it statewide, and possibly throughout the nation.



Reperfusion of Acute Myocardial Infarction in Carolina Emergency Departments (RACE)

A Proposal to Improve Public Health in North Carolina Through Improving Care of Heart Attack Patients

December 2, 2004

James Jollis, MD Christopher Granger, MD

Executive director		\$140,000 / year including benefits	\$280,000
5 regional coordinators	(60% support from	\$50,000 / year including benefits	\$500,000
_	RACE project, and	from RACE	
	40% support from		
	regional center).		
Regional materials		\$10,000 / region	\$50,000
Director materials and		\$50,000	\$50,000
support			
Meeting support	4 semi-annual	\$30,000 / meeting	\$120,000
	meetings		
Total			\$1,000,000

Implementation of a Statewide System for Coronary Reperfusion for ST-Segment **Elevation Myocardial Infarction**

James G. Jollis, MD

Mayme L. Roettig, RN, MSN

Akinyele O. Aluko, MD

Kevin J. Anstrom, PhD

Robert J. Applegate, MD Joseph D. Babb, MD

Peter B. Berger, MD David I. Bohle, MD

Sidney M. Fletcher, MD

J. Lee Garvey, MD

William R. Hathaway, MD

James W. Hoekstra, MD

Robert V. Kelly, MD

William T. Maddox Jr, MD

Joseph R. Shiber, MD

F. Scott Valeri, MD

Bradley A. Watling, MD

B. Hadley Wilson, MD

Christopher B. Granger, MD for the Reperfusion of Acute Myocardial Infarction in North Carolina Emergency Departments (RACE) Investigators

ORONARY HEART DISEASE, INcluding myocardial infarction as its acute manifestation, is the leading cause of death worldwide.1 In the United States, 3 times as many adults die from acute myocardial infarction as from motor vehiola reachas 2 Similar to teauma ST

Context Despite 2 decades of evidence demonstrating benefits from prompt con nary reperfusion, registries continue to show that many patients with ST-segment (evation myocardial infarction (STEMI) are treated too slowly or not at all.

Objective To establish a statewide system for reperfusion, as exists for trauma car to overcome systematic barriers.

Design and Setting A quality improvement study that examined the change in spec and rate of coronary reperfusion after system implementation in 5 regions in Nor Carolina involving 65 hospitals and associated emergency medical systems (10 pt RACE indicates Reperfusion of Acute Myocardial Infarction in North Carolina Emergency Departments; PCI, per cutaneous coronary intervention [PCI] hospitals and 55 non-PCI hospitals).

intervention) eligible for reperfusion were treated at PCI hospitals (median age 61 year 31% women, 4% Killip class III or IV). A total of 925 patients with STEMI (518 preintervention and 407 postintervention) were treated at non-PCI hospitals (median age 62 years, 32% women, 4% Killip class III or IV).

Interventions Early diagnosis and the most expedient coronary reperfusion method at each point of care: emergency medical systems, emergency department, catheterization laboratory, and transfer. Within 5 regions, PCI hospitals agreed to provide singlecall catheterization laboratory activation by emergency medical personnel, accept patients regardless of bed availability, and improve STEMI care for the entire region regardless of hospital affiliation.

Main Outcome Measures Reperfusion times and rates 3 months before (July to September 2005) and 3 months after (January to March 2007) a year-long implementation.

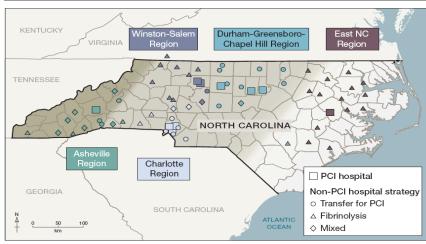
Results Median reperfusion times significantly improved according to first door-todevice (presenting to PCI hospital 85 to 74 minutes, P<.001; transferred to PCI hospital 165 to 128 minutes, P<.001), door-to-needle in non-PCI hospitals (35 to 29 minutes, P=.002), and door-in to door-out for patients transferred from non-PCI hospitals (120 to 71 minutes, P < .001). Nonreperfusion rates were unchanged (15%) in non-PCI hospitals and decreased from 23% to 11% in the PCI hospitals. For patients presenting to or transferred to PCI hospitals, clinical outcomes including death, cardiac arrest, and cardiogenic shock did not significantly change following the intervention.

Conclusions A statewide program focused on regional systems for reperfusion for STEMI can significantly improve quality of care. Further research is needed to ensure that programs that result in improved application of reperfusion treatments will lead to reductions in mortality and morbidity from STEMI.

JAMA. 2007;298(20):(doi:10.1001/jama.298.20.joc70124)

www.jama.com

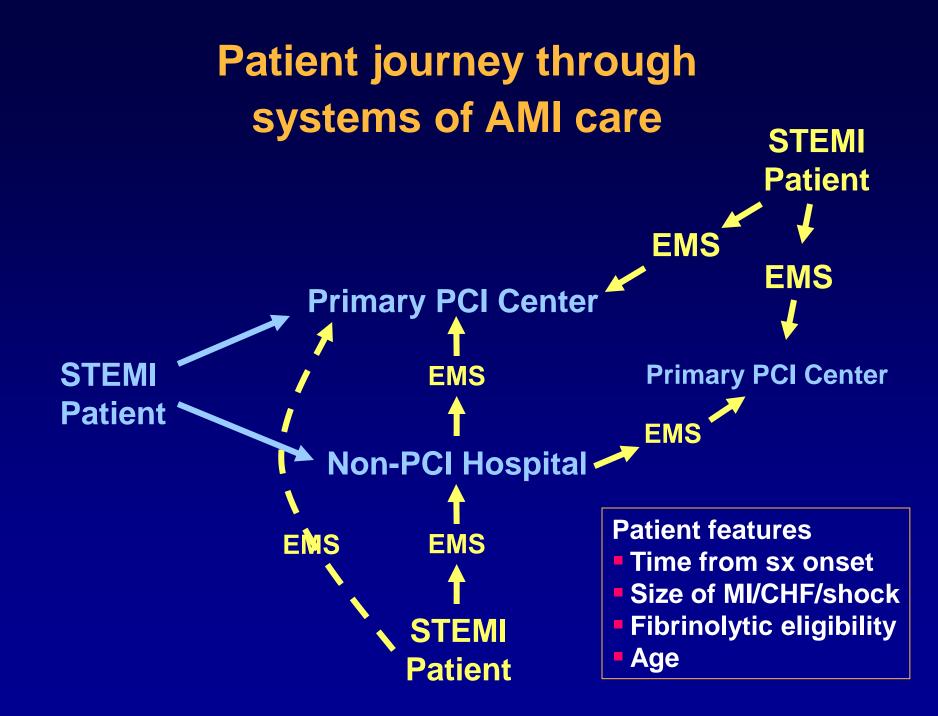
Figure 1. RACE Regions and Hospitals According to Reperfusion System



cutaneous coronary intervention. Color gradient in map indicates major topographical differences from mountains in the west to coastal plains in the east. Mixed non-PCI hospital strategy selected fibrinolysis or transfer for Patients A total of 1164 patients with STEMI (579 preintervention and 585 post PCI depending on whether expedient transfer was possible according to local weather and equipment availability

One of AHA Top 10 Research Advances 2007

JAMA Nov. 2007

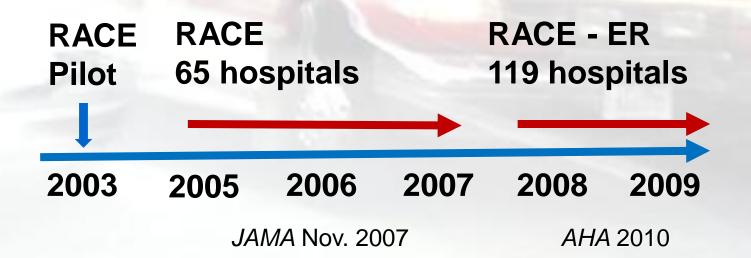






Regional approach to overcoming systematic barriers

- 1) Increase reperfusion rate
- 2) Increase speed of reperfusion



RACE QI Process



1) Develop leadership, funding, data collection and feedback structure

2) Establish Regional PCI Centers (primary PCI, lytic ineligible, rescue)

Improve the system Measurement

& Feedback

3b) EMS by EMS establishment of STEMI plan (review, consensus, training)

3a) Hospital by hospital establishment of STEMI plan (review, consensus, training)

Defining roles and empowering health care providers: moving care forward



Leading STEMI Systems of Care & Regional Efforts - Regional Coordinators many "Hats"



"Patient Advocate"
-Across silo lines

Disease state experts

Liaisons for multidisciplinary teams

Coordinate Care Pathways & Protocol development

Quality Improvement Specialists

Educators

Leading STEMI Systems of Care & Regional Efforts - Regional Coordinators many "Hats"



Patient Advocate

Disease state experts
-Knowledgeable of the guidelines
And ALL aspects of care

Liaisons for multidisciplinary teams

Coordinate Care Pathways & Protocol development

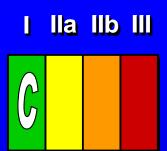
Quality Improvement Specialists

Educators



Recommendations for Triage and TransferLearn and Live for PCI (for STEMI) (cont.)

NEW Recommendation



- 1. Each community should develop a STEMI system of care following the standards at least as stringent as those developed for *Mission Lifeline* to include:
- Destination protocols to STEMI Receiving Centers
- Transfer protocols for patients who arrive at STEMI Referral Centers and are primary PCI candidates, and/or are fibrinolytic ineligible and/or in cardiogenic shock

Leading STEMI Systems of Care & Regional Efforts - Regional Coordinators many "Hats"



Charlotte Multi-disciplinary Regional team Patient Advocate

Disease state experts

Liaisons for multidisciplinary teams

Coordinate Care Pathways & Protocol development

Quality Improvement Specialists

Educators

RACE Interventions





Optimal STEMI System Specification By Point Of Care Operations Manual

The Steering Committee of the Reperfusion of Acute Myocardial Infarction in Carolina Emergency Departments (RACE) Project

Version 4.0 October 2009 © 2009 RACE

OPERATIONS MANUAL

Optimal system specifications by point of care

- EMS
- Non-PCI and PCI ED
- Transfer
- Catheterization lab
- Other system issues payers, regulations
- Choice of PCI or lytic reperfusion regimens

Leading STEMI Systems of Care & Regional Efforts - Regional Coordinators many "Hats"



Patient Advocate

Disease state experts

Liaisons for multidisciplinary teams

Coordinate Care Pathways & Protocol development

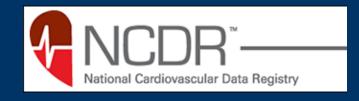
Quality Improvement Specialists

Educators

If you don't measure it, you can't improve it

Quality & Data:

- Databases
 - NRMI
 - ACTION-GWTG
 - Quality Measures



ACTION Registry-GWTG

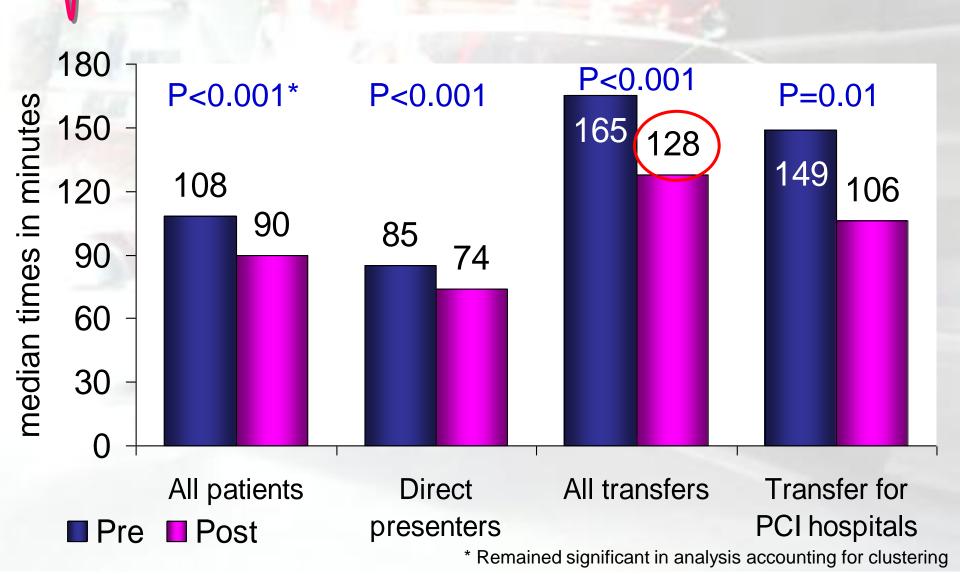
- Quality of Data
 - Abstractors trained well
 - Seek completed data fields

Immediate feedback

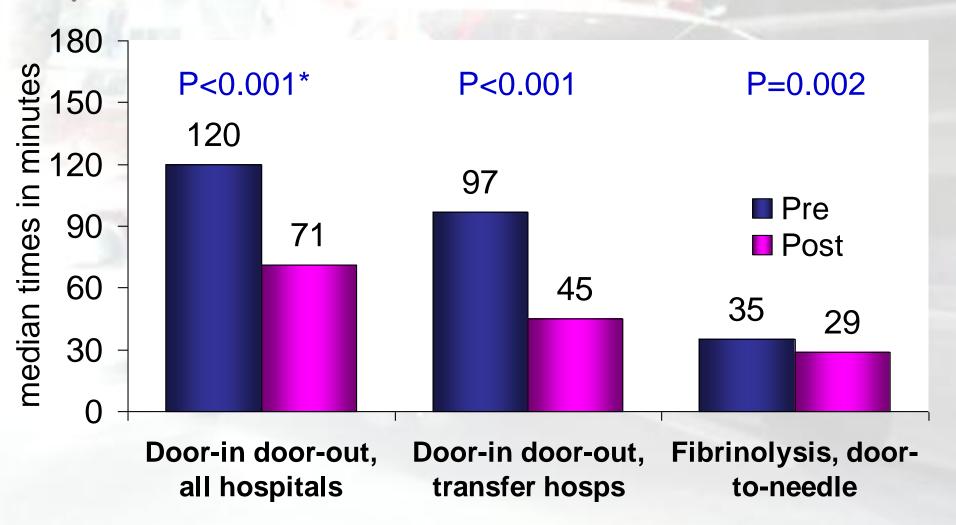
- Useful for Process Improvement
 - Quarterly data reports
 - Know data base capabilities

	ACTIO	N Re	gistry- C	SWT					- GWTG™ v: Outcomes Netv		egistry
	A. Demographics										
	Last Name ²		F	irst Name	e ²⁰¹⁰ :	Midd	lle Name ²⁰²	0:	Birth Date ²⁰⁵⁰ :		
	SSN ²⁰³⁰ :		SSN N/A ²⁰³¹ P				er ID ²⁰⁴⁵ :	-			
						☐ Asian ²⁰⁷² Hispanic or Latino Ethnicity ²⁰⁷⁶ : O No					No O Yes
	Race: White ²⁰⁷⁰ Black/African American ²⁰⁷¹ Asian ²⁰⁷² Hispanic or Latino Ethnicity. ²⁰ (check all that apply) American Indian/Alaskan Native ²⁰⁷³ Native Hawaiian/Pacific Islander ²⁰⁷⁴ Sex ²⁰⁶⁰ : O Male									Female	
	B. Admission										
	Patient Zip Code 3000: Zip Code N/A 3001 Means of Transport to First Facility 3100: O Self/Family O Ambulance O Mobile ICU O Air										
	→ If Ambulance or Mobile ICU or Air, Pre-Arrival 1st Med. Contact Date/Time 3105, 3106; □ Time Estimated Transferred from Outside Facility 3110; ○ No ○ Yes → If Yes, Means of Transfer 3115; ○ Ambulance ○ Mobile ICU ○ Air → If Yes, Arrival at Outside Facility Date/Time 3120, 3121; □ □ Time Estimated 3122										stimated ³¹⁰⁷
	→ If Yes, Transfer from Outside Facility Date/Time 3125, 3126:										
	→ If Ye	, Name of Tra	ansferring Faci	ility/AHA	Number ^{3150, 3151} : _						
		Date/Time ^{3200,}				Location of First Evaluation 3220: O ED O Cath Lab O Other					O Other
	>	ion Date ³²¹⁰ :				→ If ED, Transfer Out Date					
	Insurar (check all th		□ Private Health			Medicare ³³⁰ ndian Heal		□ Medicaid ³³		ry Heal	th Care ³³⁰³
	State-Specific Plan (non-Medicaid) Indian Health Service Non-US Insurance None None										
	C. CARDIAC STATUS ON FIRST MEDICAL CONTACT										
	Symptom C	nset Date/Tin	ne ^{4000, 4001} :		_ 1	Γime Estim	ated ⁴⁰⁰²	Time Not Avai	lable ⁴⁰⁰³		
	First ECG Obtained ⁴⁰¹⁰ : O Pre-Hospital (e.g. ambulance) O After 1st hosp, arrival First ECG Date/Time ^{4020, 4021} : STEMI or STEMI Equivalent ⁴⁰³⁰ : O No O Yes → If Yes, ECG Findings ⁴⁰⁴⁰ : O ST elevation O LBBB (new or presumed new) O Isolated posterior										
											osterior MI
	→ If Ye	s, STEMI or S	TEMI Equivaler	nt First N	loted ⁴⁰⁴¹ : O First E	cg os	ubsequent	ECG			
	→	If Subsequent	t ECG, Sub seq	uent ECG	with STEMI or ST	EMI Equiv	/alent Date	/Time ^{4042, 4043} : _			
	→ If No, Other ECG Findings ⁴⁰⁴⁴ : (demonstrated within first 24 hours of medical contact) O New or presumed new ST depression O New or presumed new T-Wave inversion O Transient ST elevation lasting < 20 minutes O None								ersion		
	Heart Failur	e ⁴¹⁰⁰ :	O No O Y	es Hea	rt Rate ⁴¹²⁰ :	(bpm	n) Card	iac Arrest ⁴¹³⁵ :		O No	O Yes
	Cardiogeni		O No O Y	es Syst	tolic BP ⁴¹³⁰ :	(mml		→ If Yes, Pre-H	ospital ⁴¹⁴⁰ :	O No	O Yes
	Cocaine Us	e ⁴¹¹⁵ :	O No O Y	es				→ If Yes, Outsi	de Facility ⁴¹⁴⁵ :	O No	O Yes
	D. History and Risk Factors										
	Height ⁵⁰⁰⁰ :	(cm) Weigh	nt ⁵⁰¹⁰ :	(kg)	Prior Hea	art Failure	previous Hx) ⁵⁰⁹⁰	·:	O No	O Yes
	Current/Red	ent Smoker (< 1 year) ⁵⁰²⁰ : 0	O No	O Yes	Prior PCI	5100			O No	O Yes
	Hypertension	n ⁵⁰³⁰ :	(O No	O Yes	→ If	Yes, Most	Recent PCI Dat	e ⁵¹⁰¹ :		
	Dyslipidem	a ⁵⁰⁴⁰ :	(O No	O Yes	Prior CA	BG ⁵¹¹⁰ :			O No	O Yes
	Currently on Dialysis 5050: O No O Yes					→ If Yes, Most Recent CABG Date ⁵¹¹¹ :					
	Chronic Lu	ng Disease ⁵⁰⁶⁰): (O No	O Yes	Atrial Fib	rillation or	Flutter (past 2	wks) ⁵¹²⁰ :	O No	O Yes
	Diabetes M			O No	O Yes	Cerebrov	/ascular Di	sease ⁵¹³⁰ :		O No	O Yes
	→ If Ye	, Diabetes Th	iciupy .	O None O Insulin	O Diet O Oral O Other	→ If	Yes, Prior	Stroke ⁵¹³¹ :		O No	O Yes
Duke Clinical Resea	Prior MI ⁵⁰⁸⁰ :			O No	O Yes	Peripher	al Arterial I	Disease ⁵¹⁴⁰ :		O No	O Yes
Duke Clinical Reseal	© 2007 American College of Cardiology Foundation 23-Jun-10 Page 1 of 5										

PC hospitals: Door to device times



RACE results Nan-PCI hospitals: Reperfusion times



^{*} Remained significant in analysis accounting for clustering

Leading STEMI Systems of Care & Regional Efforts - Regional Coordinators many "Hats"

Patient Advocate

Disease state experts

Liaisons for multidisciplinary teams

Coordinate Care Pathways & Protocol development

Quality Improvement Specialists

Educators

Role in STEMI & Systems of Care:

Educator:

Current guidelines ACC/AHA Guidelines

Anatomy and physiology

Process

Resources – flash drives

Data

On line training

Nursing & EMS Training

- Critical to success of STEMI
 & Systems of care is adequate Nursing and EMS
 Training
 - Formal training at launch time (1/2 full day programs) "Time Matters"
 - Monthly/quarterly STEMI
 Case review
 - ECG lunches in the ED
 - On-Line ECG Training Tools
 - STEMI education Webinars



Door to balloon is solved

First medical contact is new standard









Empower Team Members.....

"We have a transfer plan in place and we do not need to call & ask for a bed, we just enact our plan and get the patient to a Facility w a Cath Lab-stat!". University non-PCI center, Charlotte, NC, end of RACE, Beginning of RACE-ER, Western NC- RACE-ER Launch.



Reperfusion of Acute Myocardial Infarction in Carolina Emergency Departments – Emergency Response (RACE-ER) Project



Expansion of a Regional ST-Segment–Elevation Myocardial Infarction System to an Entire State

James G. Jollis, MD; Hussein R. Al-Khalidi, PhD; Lisa Monk, RN, MSN; Mayme L. Roettig, RN, MSN; J. Lee Garvey, MD; Akinyele O. Aluko, MD; B. Hadley Wilson, MD; Robert J. Applegate, MD; Greg Mears, MD; Claire C. Corbett, MMS; Christopher B. Granger, MD; on behalf of the Regional Approach to Cardiovascular Emergencies (RACE) Investigators

Sponsors/ Partners

















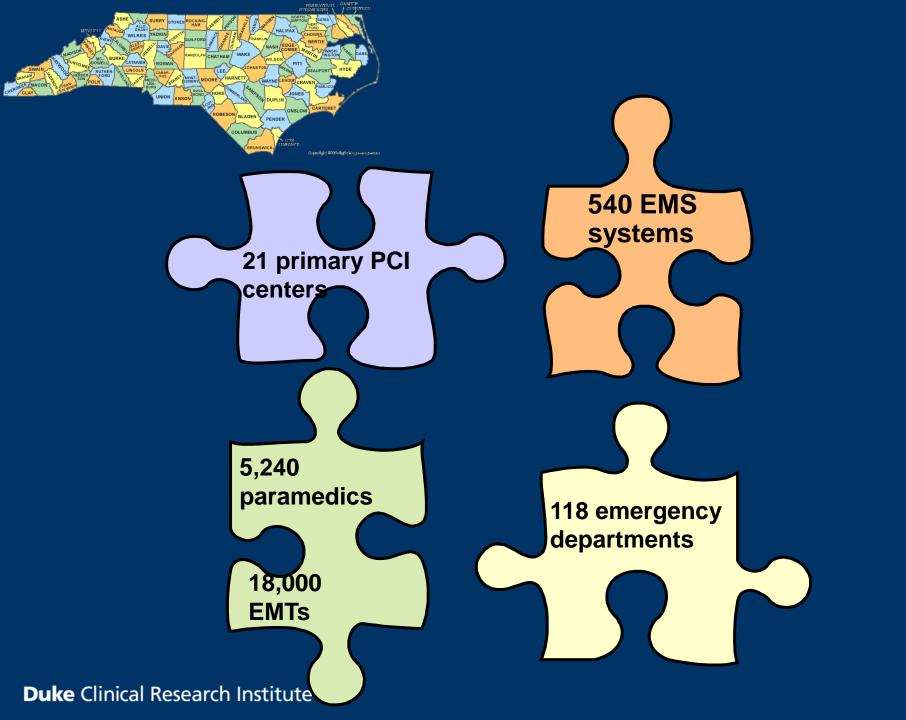


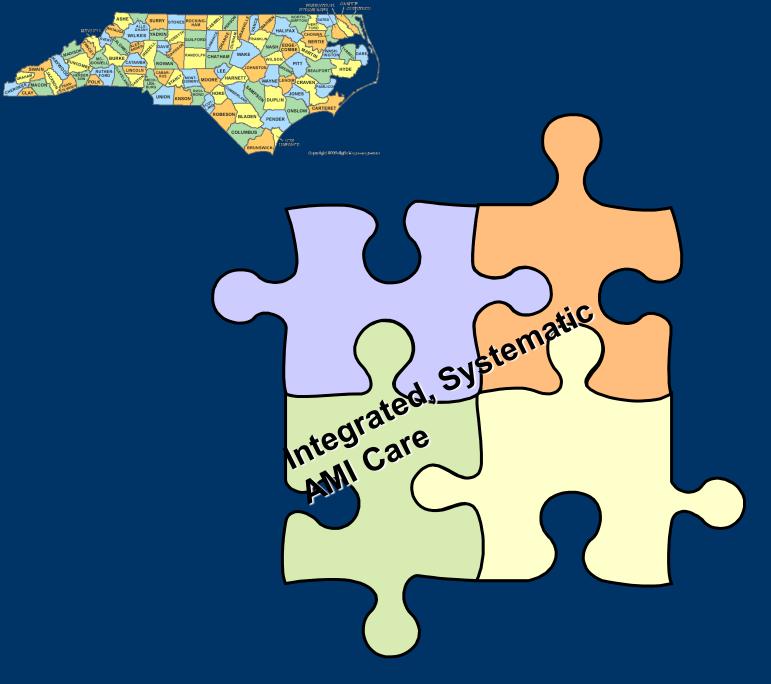




CONTACT US

THE **MEDICINES** COMPANY[®] is focused on advancing the treatment of critical care patients through the delivery of innovative, cost-effective medicines to the worldwide hospital marketplace.







Duke Clinic



Duke Clinical Research Institute

Added new coordinators around the State!!





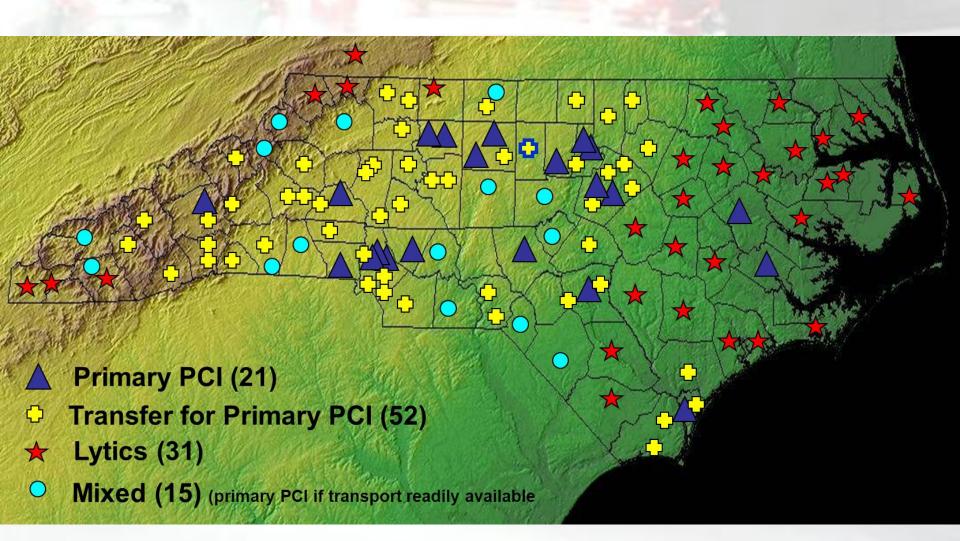




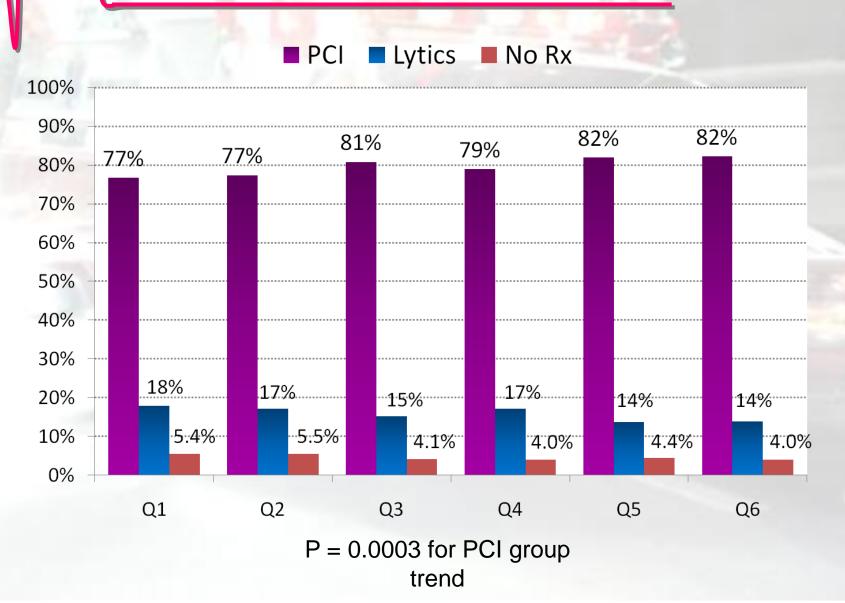
Duke Clinical Research Institute

RACE Hospitals by PCI and Reperfusion Designation

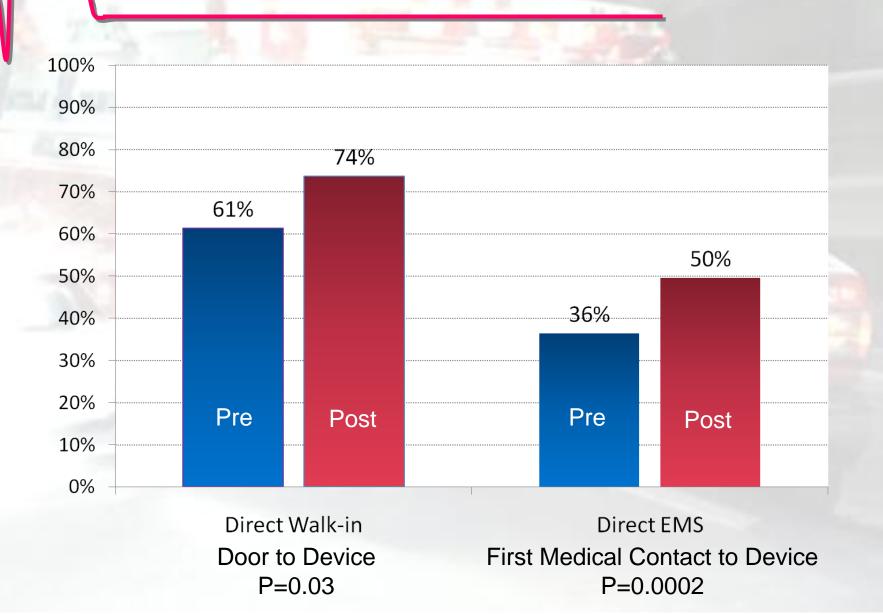




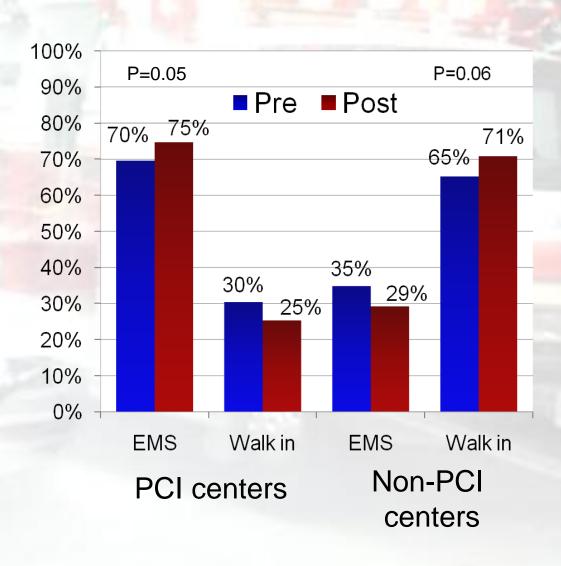
Reperfusion Strategy Overall population, Eligible Patients



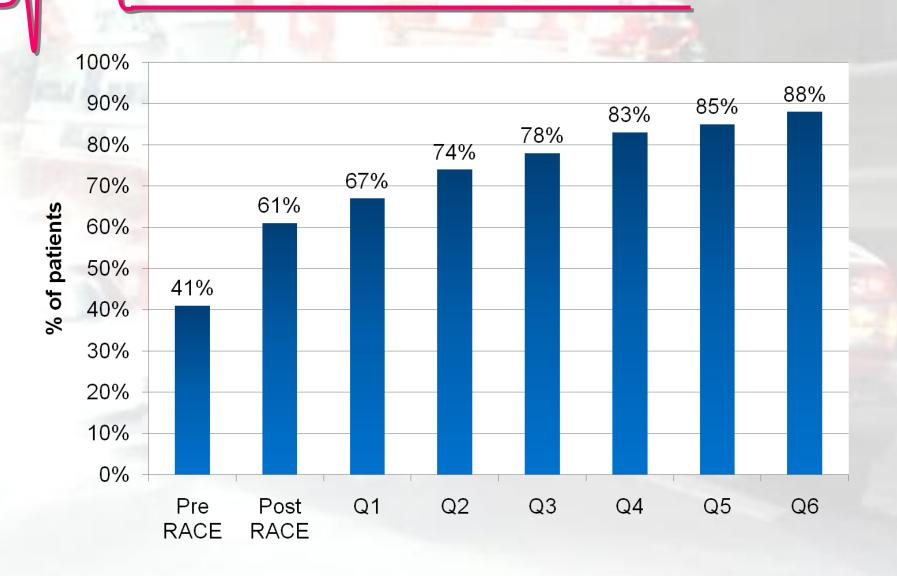
Direct Presenters: % Reaching Goal of Door to Device or 1st Medical Contact to Device < 90 minutes



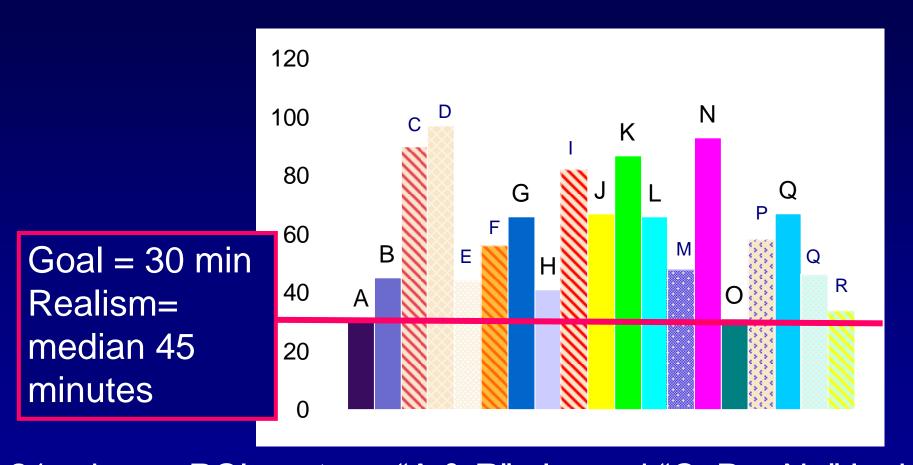
Fundamental Change in Patient Presentation by Hospital Type



Use of Pre-hospital 12-lead ECG (Direct presenters via EMS to PCI Centers)



Alpha Blinded Coding Used in QI in North Carolina Hospitals: door-in-door-out

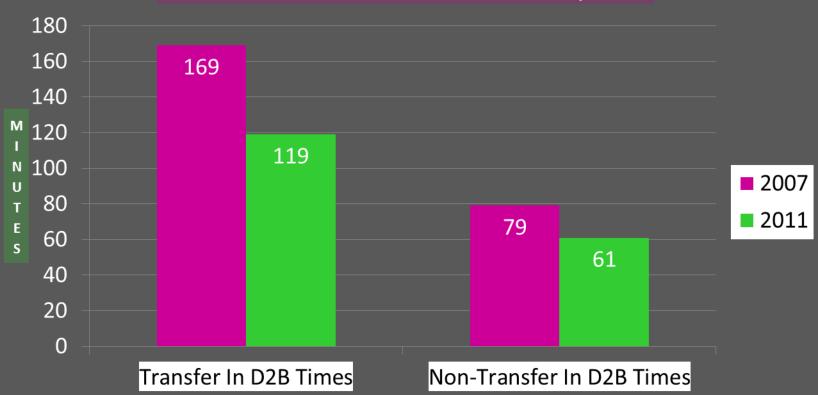


21 primary PCI centers "A & R" pleased "C, D,.. N.." look for best practices associated with improved performance

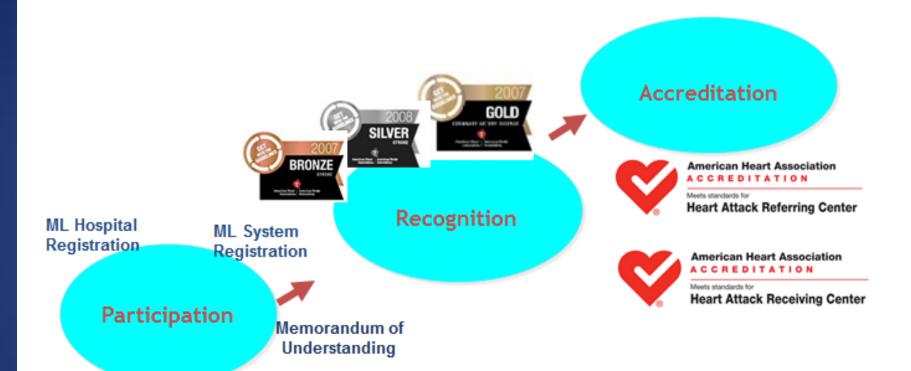


STEMI Door-to-Balloon Times

Median Times for Transfer and Non-Transfer In patients



Mission: Lifeline Involvement



Quality Improvement/ Data Analysis

Participation, Recognition, & Certification criteria available: www.americanheart/missionlifeline









Improving Care of ST Segment Elevation Myocardial Infarction in the United States 2008 to 2012: A Report from



Christopher B Granger, Eric R. Bates, James G. Jollis, Elliott Antman, Graham Nichol, Robert E. O'Connor, Chris Bjerke, Tammy Gregory, S. Andrew Peng, Gray Ellrodt, Timothy D. Henry, William J. French, Alice Jacobs



History of Mission: Lifeline

MAY 2007

Eleven manuscripts are published in *Circulation* describing systems of care rationale and implementation plan

Mission: Lifeline was formally launched



2010 - Mission: Lifeline releases hospital reports and **Hospital Recognition Program**

2011 - AHA collaborates with SCPC and hospital accreditation program released

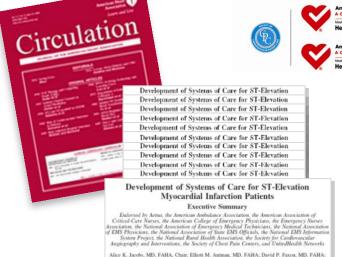




APRIL 2012

Mission: Lifeline announces the addition of Cardiac Resuscitation Systems of Care to the program





Tammy Gregory; Penelope Solis, JD

Background



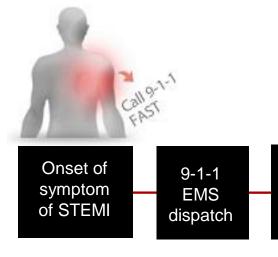
STEMI-referral hospital

(non PCI-capable)

STEMI Point of Entry Protocol

Hospital fibrinolysis: Door-to-needle within 30 min

FMC to device within 120 min





EMS on-scene
Obtain 12-lead ECGs
Consider prehospital fibrinolytic if capable and EMS-to-needle within 30

Plan

STEMI-receiving hospital

(PCI-capable)

EMS

•

GOALS†

Patient Dispatch EMS on scene EMS transport

5 min after symptom onset

1 min

within 8 min

Prehospital fibrinolysis: EMS-to-needle within 30 min EMS transport: EMS-to-balloon within 90 min

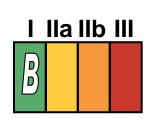
Patient self-transport: Hospital D2B within 90 min

Total ischemic time: Within 120 min*

^{*} Golden Hour = First 60 minutes

2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction

Regional Systems of STEMI Care



All communities should create and maintain a regional system of STEMI care that includes assessment and continuous quality improvement of EMS and hospital-based activities.

Performance can be facilitated by participating in programs such as Mission: Lifeline and the D2B Alliance.







Mission: Lifeline Goals

- Promote the ideal STEMI and cardiac resuscitation systems of care
- Bring together healthcare resources into an efficient, organized, coordinated system at the community level
- Improve overall quality of care

Methods



- STEMI patients admitted to hospitals registered with Mission:
 Lifeline program 2008 to 2012
- Tools for improving EMS, hospital transfer, PCI hospital care provided through Mission: Lifeline website, webinars, regional meetings, supported by local leaders and AHA staff
- Hospitals measure processes and outcomes using ACTION Registry/Get with the Guidelines
- In-hospital adjusted mortality was calculated including and excluding cardiac arrest as a reason for PCI delay (collected since 2008) and pre-hospital cardiac arrest (collected since 2011)



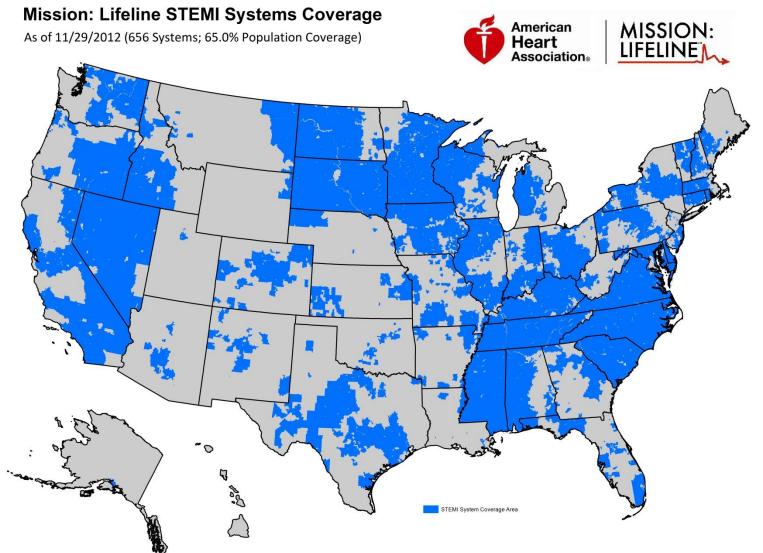
Total of 147,466 patients at 485 hospitals over 5 years

	Year				
	2008	2009	2010	2011	2012
Hospitals (n)	179	224	334	383	445
STEMI patients	18583	21670	29886	35683	41644
Not treated with reperfusion, eligible patients (%)	6.2	6.2	6.2	4.4	3.3

485 hospitals representing 46 states







61



Baseline characteristics and reperfusion strategy

Variable	Year				
Baseline characteristics	2008	2009	2010	2011	2012
Age (yrs)*	60 (52,71)	60 (52,71)	60 (52,71)	61 (52,71)	61 (52,70)
Female sex (%)	30	30	30	30	30
Systolic BP (mmHg)	138	140	140	140	140
Heart rate (bpm)	78	78	79	79	79
Killip class IV (%)	6.8	8.4	8.4	7.9	7.7
Time symptom onset to FMC (minutes)*	50 (21,120)	50 (23,120)	50 (23,120)	52 (24,120)	49 (23,115)
Reperfusion strategy	2008	2009	2010	2011	2012
Primary PCI for transfer-in (%)	62	68	72	85	90
Fibrinolytic therapy (%)	13.4	11.1	9.0	7.4	7.0

^{*}median (25th, 75th percentile)



Prehospital ECGs and reperfusion times

Variable	Year				
EMS direct to PCI centers (n= 58,624)	2008	2009	2010	2011	2012
Pre-hospital ECG (%)	45	58	61	66	71
FMC to device (minutes)*	93 (77,111)	89 (74,108)	88 (72,106)	85 (70,104)	84 (68,102)
Transfer to PCI centers (n=47,404)	2008	2009	2010	2011	2012
Door-in-door-out (minutes)*	76 (48,125)	71 (46,115)	66 (42,107)	64 (40,105)	62 (39,101)
First door to device (minutes)*	130 (101,181)	122 (98,164)	119 (93,161)	114 (90,153)	112 (89,151)

^{*}median (25th, 75th percentile)



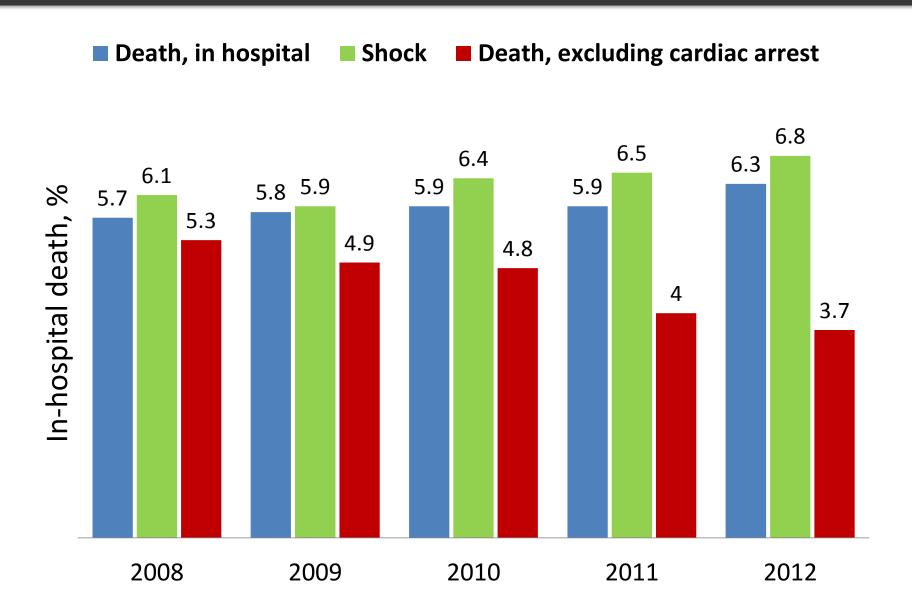
Door-to-device and composite performance score

Variable	Year				
All direct presenters to PCI centers (n=69502)	2008	2009	2010	2011	2012
Door-to-device, minutes	68 (52,86)	63 (48,80)	61 (47,78)	60 (44,76)	59 (43,75)
STEMI performance composite score	2008	2009	2010	2011	2012
Aspirin, beta blocker, ACE- inhibitor, reperfusion therapy, D2B≤ 90 min, statin, EF evaluation, smoking cessation, rehab referral	100 (88,100)	100 (89,100)	100 (89,100)	100 (100,100)	100 (100,100)

^{*}median (25th, 75th percentile)

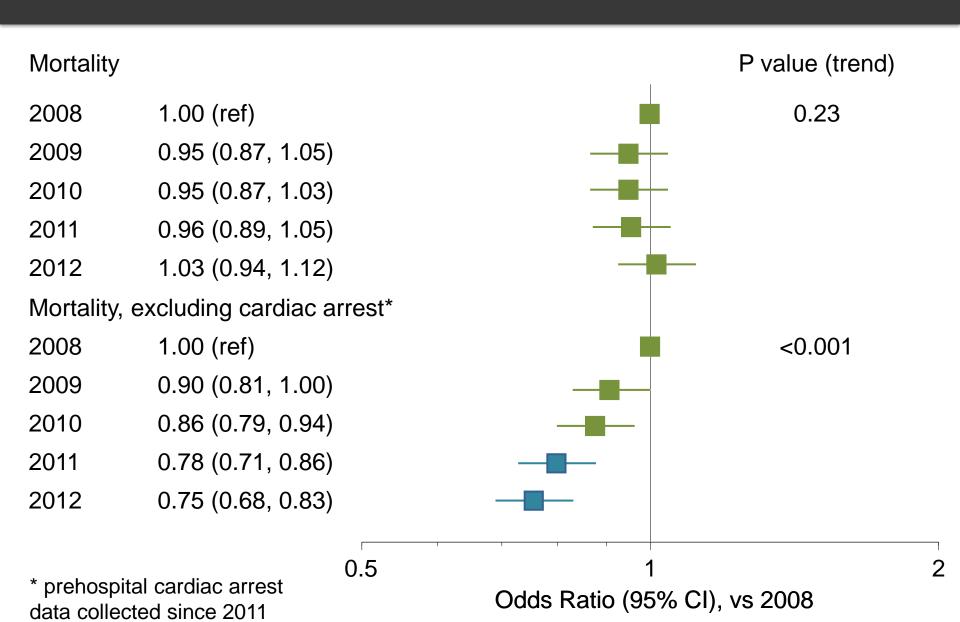
Results: In hospital outcomes





Adjusted In-Hospital Mortality





Conclusions



- A comprehensive national systems of care program has significantly improved quality of care for STEMI including
 - EMS diagnosis and activation of reperfusion
 - Increased use of reperfusion therapy
 - Expanded use of primary PCI
 - Faster primary PCI
- Unadjusted rates of shock and mortality increased over the 5 years
- When removing patients with known cardiac arrest, that was more extensively collected since 2011, and adjusting for other predictors, mortality decreased by 25%
- This highlights the impact of the program to date and the need for improving system-level care for out-of-hospital cardiac arrest, an ongoing objective of Mission: Lifeline.

STEMI ACCELERATOR PROGRAM SPOTLIGHT

ACCELERATOR OVERVIEW

Mayme Lou Roettig, RN, MSN

On behalf of the Thousands of Healthcare Providers & the AHA Leading the ACCELERATOR Regions









DCRI Center for Educational Excellence in Collaboration with the American Heart Association

REGIONAL SYSTEMS OF CARE DEMONSTRATION PROJECT:

MISSION: LIFELINE™ STEMI SYSTEMS ACCELERATOR



"Where you live should not determine whether you live"



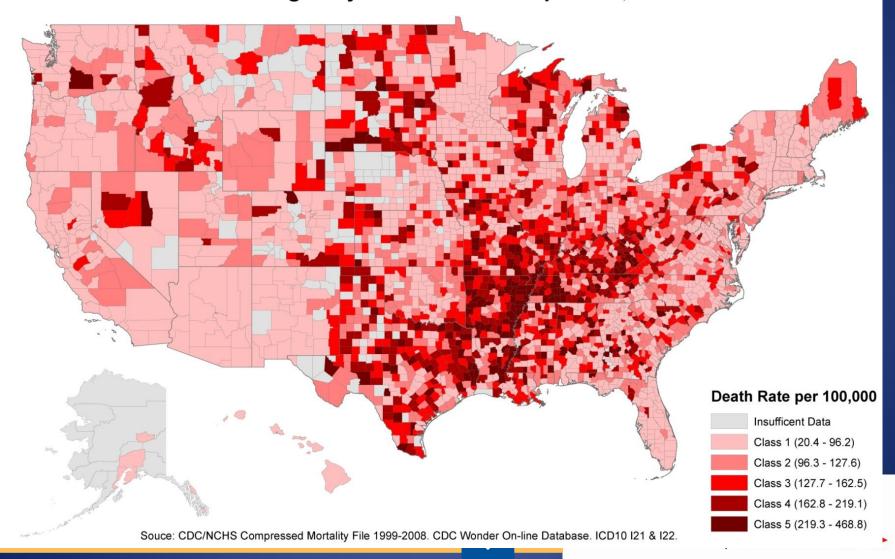








2004-2008 Acute Myocardial Infarction (IDC10 I21 & I22) 35+ Age Adjusted Death Rate per 100,000



Objectives

- Establish a regional standard of emergency cardiovascular care that includes every hospital and EMS agency.
- Lower cardiovascular mortality by broadly improving the timely treatment of ST elevation myocardial infarction (STEMI) patients.
- Create a sustainable system for treating cardiovascular emergencies including STEMI, cardiac arrest, stroke and aortic dissection.







National Program Sponsors Through Educational & Research Grants to Duke Clinical Research Institute

THE MEDICINES COMPANY
Philips Healthcare
ABIOMED, Inc.
Astra Zeneca







Education Outcomes Study Design

- Application Process
- National faculty selected regions based on readiness (large MSA, leadership, ECG equipped EMS, willingness to recruit primary PCI centers into a centralized database)
- Leadership Triad
 - Regional Leadership
 - AHA Local Staff
 - National Faculty Mentorship (Paired Teams)







STEMI SYSTEMS ACCELERATOR Intervention

Physician Faculty

Peter Berger, MD - Interventionalist; Geisinger Clinic, Danville, PA

Harry Dauerman, MD- Interventionalist; University of Vermont, Burlington, VT

William Koenig, MD-ED Medicine

Los Angeles EMS Medical Director

Lee Garvey, MD- EMS/ED Medicine; CMC Charlotte, NC

Christopher B. Granger, MD- Cardiologist; Duke University Medical Center, Durham

James G. Jollis, MD- Cardiologist; Duke University Medical Center, Durham, NC

Greg Mishkel,MD - Interventionalist; Prairie Heart , Springfield, IL

Ivan Rokos, MD- Emergency Medicine; Los Angeles, CA.

B. Hadley Wilson, MD- Interventionalist; CMC Charlotte, NC -Sanger Clinic

Implementer Faculty

Claire Corbet, MS, EMT-P; Paramedic and Regional System Implementer- New Hanover Medical Center, NC

Loni Denne, RN, BSN; Nurse and Regional System Implementer (Austin and now Southwest USA; American Heart Association, SR. ML Director.

Russell Griffin, EMT-P, Dallas Project

American Heart Association

Mayme Lou Roettig, RN, MSN; CV Clinical Nurse Specialist and Regional & State System Implementer; DCRI- Durham, NC

Stephanie Starling, MBA, RN, MSN; Nurse and Regional System Implementer; Forsyth Cardiac & Vascular Center, Novant Health Winston-Salem, NC

Design (cont)

- Pre intervention strategic planning
 - weekly or biweekly calls, geospatial maps, regional politics and opportunities
- Education CME Intervention Evening & Day
 - Night before CME leadership dinner
 - multi-disciplinary attendance
- Recruitment into centralized data repository
 - NCDR ACTION REGISTRY- GWTG
- Data- Baseline, Quarterly for 1 year, Post Intervention
- Quarterly meetings to share best practices, data review across the region and identify strategies to improve process
- Development of regional EMS and Transfer plan







Regional Systems of Care Demonstration Project Mission Lifeline STEMI Accelerator



35 million American Lives 1/10 people live in the study sites



■ STEMI Accelerator Sites







STEMI SYSTEMS ACCELERATOR Intervention Sites

Great Rivers

- Columbus, OH
- Pittsburgh, PA
- Philadelphia, PA
- Louisville, KY
- Wilkes-

Greater South East

- East Tennessee
- Tampa
- Atlanta

Midwest

- Detroit
- Central Indiana
- East Wisconsin
- St. Louis

Western States

- Kern County, CA
- Hawaii

Founders

- New York City
- N. New Jersey
- Hartford

South West

- Colorado (East Range)
- Houston
- San Antonio
- Oklahoma City

21 Regions & 16 have met study requirements







Develop a Regional Plan

Non-PCI hospital lab activation protocol

- Symptoms of acute coronary syndrome greater than 15 minutes less than 12 hours.
- ECG diagnosis
 - ST segment elevation in two contiguous leads
 - or
 - Machine interpretation of definite STEMI
 - **** acute mi****
- No contraindications to acute catheterization
 - Active severe bleeding
 - Patient inappropriate or procedu family refusal, DNR, se en la)
- Emergency physician activates Prima PCI hospital as soon as STEMI is identified using term "code STEMI"
- Pre-arranged critical care transport or EMS dispatch notified of "code STEMI" for 911 transfer
- Aspirin 325 mg
- Heparin bolus 60 u/kg, no drip
- Limit continuous infusions
- Fax records while patient in transport

EMS lab activation protocol

- Symptoms of acute coronary syndrome greater than 15 minutes less than 12 hours.
- ECG dias noci
 - ST see ment levation in two contiguous leads
 - Vachine interpretation of definite STEMI
 **** acute mi****
- No contraindications to acute catheterization
 - Active severe bleeding
 - Patient inappropriate for procedure (patient or family refusal, DNR, severe dementia)
- Trained paramedic activates Primary PCI hospital as soon as STEMI is identified using term "code STEMI"
- Aspirin 325 mg

Available @

https://cee.dcri.duke.edu/regional-

systems/ACCELERATOR%20OPs%20Manual%20Final.pdf/view

Newsletter launch https://www.dcri.org/cee/stemi/ml-stemi-accelerator-reaches-half-way-point





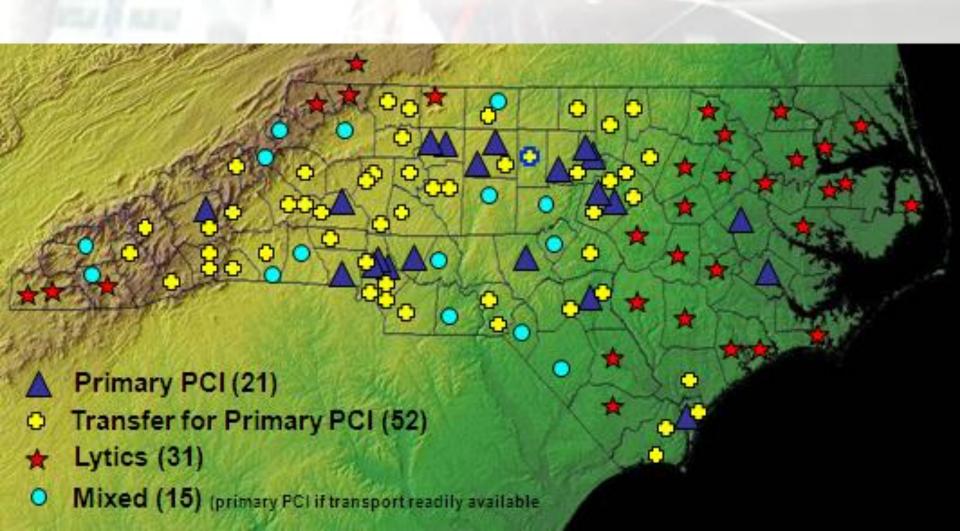




If you don't measure it, you can't improve it

RACE Hospitals by PCI and Reperfusion Designation





Patient Characteristics Direct Presentation vs. Transfer In





	Direct Presentation			
	System			
	Last Qtr	Last 12 mo	State	Nation
Number of STEMI Patients	810	3,098	3,098	40,127
Patient Demographics				
Age (median years)	61.0	60.0	60.0	61.0
Female	32%	31%	31%	30%
Non-White	19%	18%	18%	15%
Hispanic Ethnicity	1%	2%	2%	6%
Diagnosis				
First ECG obtained Pre-Hospital (EMS Arr.) .	89%	91%	91%	70%
STEMI Noted on first ECG	84%	85%	85%	86%
Mode of Arrival (to First Facility)				
POV	25%	26%	26%	37%
EMS (Ambulance)	72%	71%	71%	60%
Reperfusion				
Contraindicated to reperfusion	4%	5%	5%	6%
Eligible for reperfusion	96%	95%	95%	93%
Treated	89%	89%	89%	90%
Untreated	11%	11%	11%	10%
Median Time to Reperfusion				
Primary PCI	46.0	46.0	46.0	57.0
Fibrinolytic	-	38.0	38.0	46.0
In-hospital Clinical Everys (Exc. Trans-Out)				
Reinfarction	0.6%	0.5%	0.5%	0.8%
Cardiogenic shock	5.1%	5.8%	5.8%	7.2%
Heart Failure	2.8%	3.6%	3.6%	5.7%
CVA/Stroke	0.4%	0.7%	0.7%	0.7%
Hemorrhagic stroke (Among CVA pts)		4.5%	4.5%	15.6%
Suspected Bleeding Event	3.3%	2.5%	2.5%	3.6%
RBC/Whole Blood Cell Transfusion	3.9%	4.0%	4.0%	4.3%
Any of above events	14.8%	15.1%	15.1%	17.5%

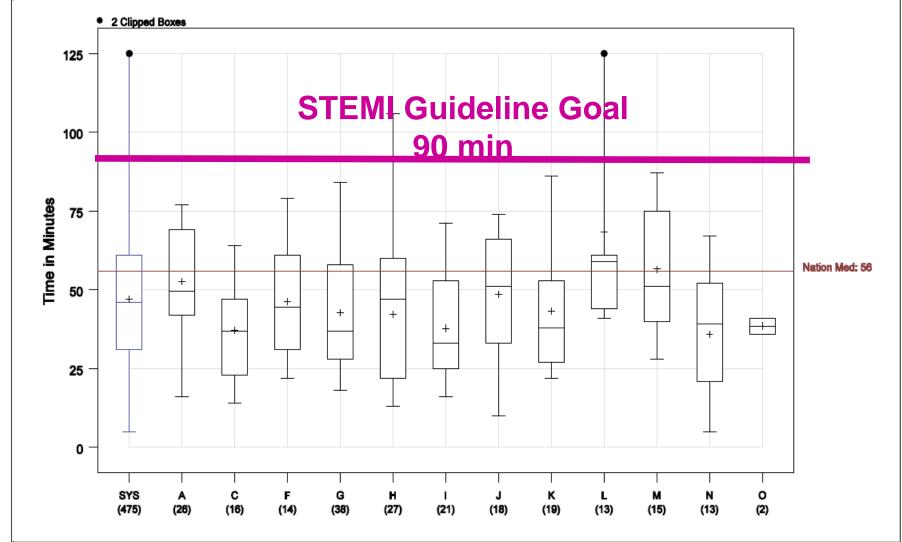
Transfer In				
System				
Last Qtr	Last 12 mo	State	Nation	
443	1,772	1,772	16,781	
	,,,,,	.,	,	
60.0	60.0	60.0	60.0	
33%	31%	31%	29%	
19%	18%	18%	11%	
1%	1%	1%	4%	
50%	49%	49%	32%	
80%	80%	80%	86%	
75%	71%	71%	71%	
25%	29%	29%	28%	
	20.0	20.0	20.0	
11%	8%	8%	7%	
89%	92%	92%	93%	
92%	92%	92%	91%	
8%	8%	8%	9%	
96.0	97.0	97.0	106.0	
31.5	28.0	28.0	31.0	
1.1%	0.5%	0.5%	0.7%	
5.0%	6.1%	6.1%	6.7%	
4.8%	4.4%	4.4%	5.6%	
1.1%	0.9%	0.9%	0.9%	
20.0%	43.8%	43.8%	25.5%	
3.6%	3.4%	3.4%	3.9%	
4.1%	4.9%	4.9%	4.4%	
17.2%	16.4%	16.4%	16.2%	
	I			



Arrival to Device Activation Distribution of Times (minutes) Direct Presentaion, All Arrival Modes







Site labels and the corresponding number of patients eligible for the particular measure are displayed on the x-axis

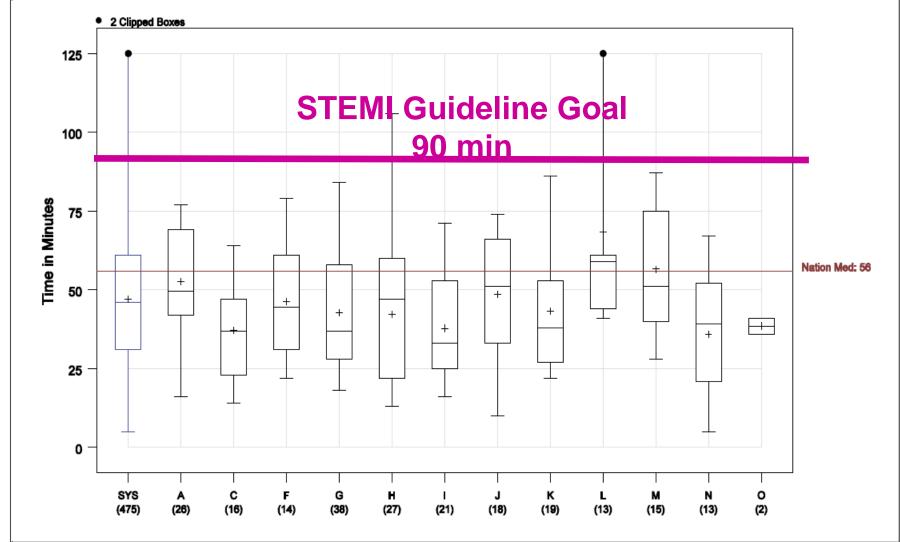
Boxes are not displayed when there are no eligible patients in the time frame.



Arrival to Device Activation Distribution of Times (minutes) Direct Presentaion, All Arrival Modes







Site labels and the corresponding number of patients eligible for the particular measure are displayed on the x-axis

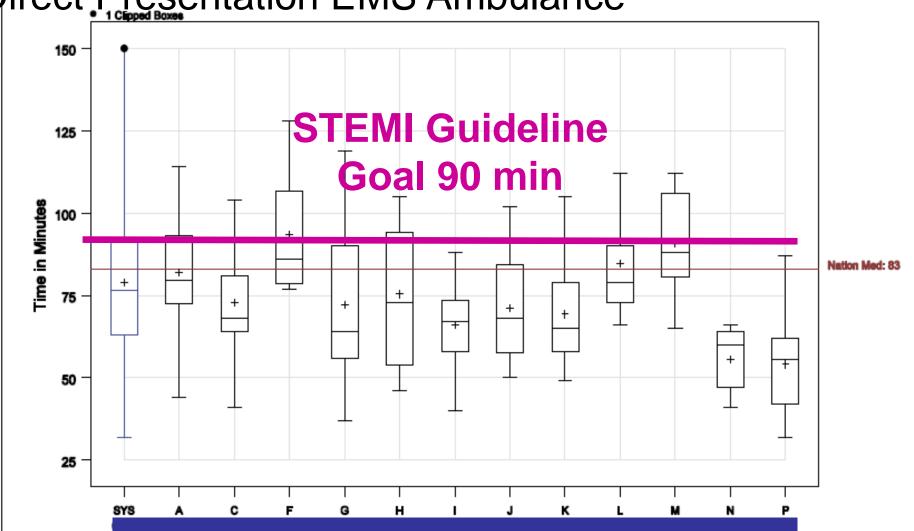
Boxes are not displayed when there are no eligible patients in the time frame.

First Medic ce Activation
Distri ninutes)
Direct Presentaion, Arriving via EMS





Direct Presentation EMS Ambulance



First Door to Device/Transfer

Arrival at Fii ce Ac
Distrit inute
Transfer in for Primary PCI

ce Activation inutes)







Study Timeline & Deliverables

July-December 2012

January–May 2013 June-September 2013

October–December 2013

Baseline
Data
Assessment

Data
Harvest &
Review

Intense Intervention

Post Intervention Assessment

URGENT!







Every Region Has a "Story"

A Beginning......2011







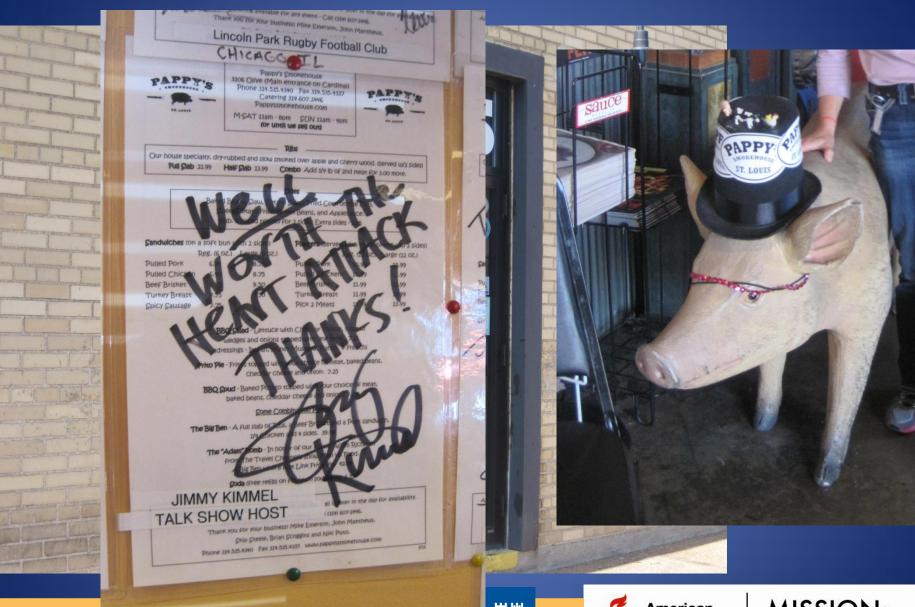












The Center for Educational Excellence

Promoting excellence in clinical care and patient safety around the world







Local to Regional to National Implementation

US Healthcare System

Mission: 250,000 STEMI's/y
Lifeline
2012 250,000 arrests/y

57,000 STEMI MI's/yr

2,000 cardiac

arrests/yr

RACE

North Carolin

Carolina

8,000 STEMI's per year

5000 in AR-G

Duke

Central NC

200 STEMI's per year

Duke Clinical Research Institute



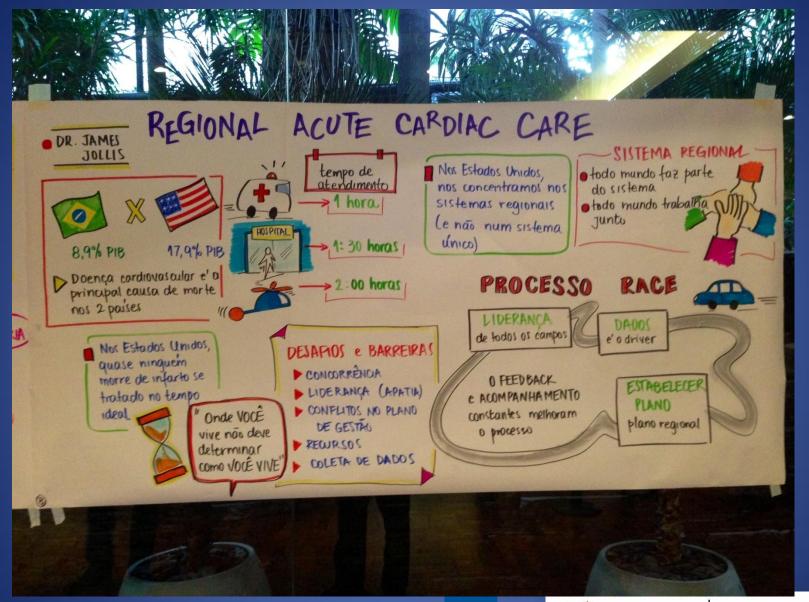
STEMI SYSTEMS ACCELERATOR Intervention

- Using national level system faculty and local AHA staff to broker competitive entities to regionalize STEMI care for a community.
- Success based on regional local leadership owning the program.
- Unbiased staff to recruit all hospitals to join centralized database.
- Regional Intervention Day
 - CME/CNE event
- Data- Baseline, Quarterly for 1 year, Post Intervention
- Quarterly meetings to share best practices, data review across the region and identify strategies to improve process

















NORTH CAROLINA

0017: 2013 @2

Patient Characteristics Direct Presentation vs. Transfer in

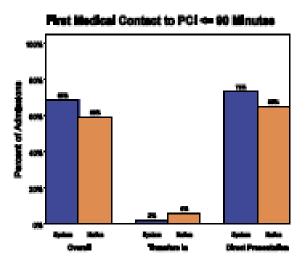


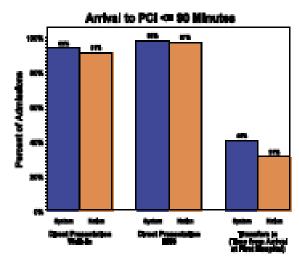


	Direct Presentation			
	System			
	Last Qtr	Last 12 mo	State	Nation
Number of STEMI Patients	820	3,135	3,166	41,935
Delta-d Danas and Lan				
Patient Demographics Age (median years)	60.0	60.0	60.0	61.0
Female	27%	30%	30%	30%
Non-White	16%	17%	17%	15%
Hispanic Ethnicity	1%	2%	2%	7%
Diagnosis				
First ECG obtained Pre-Hospital (EMS Arr.) . STEMI Noted on first ECG	91%	91%	91%	71%
STEMI Noted on first ECG	84%	85%	85%	86%
Mode of Arrival (to First Facility)				
POV	25%	26%	26%	36%
EMS (Ambulance)	71%	71%	71%	61%
Reperfusion				
Contraindicated to reperfusion	4%	4%	5%	6%
Eligible for reperfusion	95%	95% 89%	95% 88%	94%
Treated	89% 11%	11%	12%	10%
Untreated	1176	1176	1276	1076
Primary PCI	44.0	46.0	46.0	57.0
Fibrinolytic	164.5	94.5	94.5	45.5
*	I I NATE TO THE			-mention
in-hospital Clinical Events (Exc. Trans-Out)				
Reinfarction	0.5%	0.4%	0.4%	0.9%
Cardiogenic shock	4.1%	5.1%	5.1%	7.0%
Heart Fallure	4.1%	3.6%	3.6%	5.5%
CVA/Stroke	0.9%	0.7% 4.8%	0.7% 4.8%	0.7% 15.8%
Hemorrhagic stroke (Among CVA pts) Suspected Bleeding Event	2.8%	4.8% 2.6%	4.8% 2.6%	15.8% 3.7%
RBC/Whole Blood Cell Transfusion	3.6%	3.8%	3.8%	4.2%
TOURNING DIVOU CEI Halloruouli	33076	3.076	3.076	4.2.70
Any of above events	14.4%	14.8%	14.8%	17.3%

Transfer in				
System				
Last Otr	Last 12 mo	State	Nation	
405	1.694	1.694	17.231	
60.0	60.0	60.0	60.0	
30%	31%	31%	29%	
20% 0%	19% 1%	19% 1%	11% 5%	
U76	176	176	940	
46%	47%	47%	32%	
77%	79%	79%	86%	
73%	72%	72%	72%	
27%	28%	28%	27%	
7%	8%	8%	7%	
93%	92%	92%	93%	
92%	92%	92%	91%	
8%	8%	8%	9%	
95.0	97.0	97.0	106.0	
28.0	28.0	28.0	31.0	
0.3%	0.5%	0.5%	0.7%	
4.5%	5.7%	5.7%	6.5%	
2.8%	3.9%	3.9%	5.3%	
0.0%	0.8%	0.8%	0.9%	
3.5%	46.2% 3.3%	46.2% 3.3%	30.2% 3.7%	
3.3% 4.8%	3.3% 4.8%	3.3% 4.8%	3.7% 4.1%	
4.076	4.0%	4.076	4.176	
14.9%	16.1%	16.1%	15.9%	

	System			
	Lest Qtr	Last 12 mo	State	Nation
Median Time from Arrival to Cath				
Lab Arrival (mins)				
Direct Presentation	29.0 25.0	30.0 25.0	30.0 25.0	38.0 32.0
Arrived by EMS				
Arrived by POV	48.5	47.0	47.0	47.0
Transfers in From Arrival at First Facility	88.0		90.0	98.0
•		90.0		
From Arrival at Receiving Facility	5.0	8.0	8.0	10.0
Median Time from Arrival to Primary				
PCI (mins)				
Direct Presentation	44.0	46.0	46.0	57.0
Arrived by EM3	39.0	40.0	40.0	50.0
Arrived by POV	67.5	65.0	65.0	66.0
Transfers in				
From Arrival at First Facility	95.0	97.0	97.0	106.0
From Arrival at Receiving Facility	24.0	26.0	26.0	27.0
Median Time from First Medical Contact				
to Primary PCI (mins)1	77.0	77.0	77.0	82.0
Median Time from Cath Lab Arrival				
to First Device Activation (mins)	22.0	23.0	23.0	22.0
Reasons Repertusion Not Indicated				
No ST elevation/LBBB	0%	0%	0%	2%
ST elevation resolved	15%	14%	15%	8%
MI Diagnosis Unclear	6%	5%	5%	5%
MI Symptoms Onset > 12 hrs	16%	26%	25%	14%
Chest pain resolved	21%	17%	17%	9%
No chest pain	4%	4%	4%	3%
	34%	28%	78%	31%





FOOTNOTES:

Among direct presenters arriving via EMS

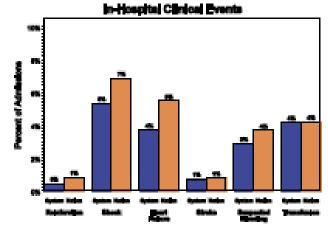
Clinical Characteristics and In-Hospital Patient Outcomes





	System			
	Lest Ofr	Last 12 mo	State ¹	Nation ²
Clinical Characteristics				
History of Diabetes	26%	26%	26%	26%
Cardiogenic Shock on Presentation	8%	8%	8%	8%
Heart Failure on Presentation	7%	8%	8%	7%
In-hospital Mortality ^a				
Unadjusted				
Observed Mortality rate	5.6%	6.0%	6.0%	6.5%
Lower 95% confidence limit	4.3%	5.3%	5.3%	6.3%
Upper 95% confidence limit	6.9%	6.6%	6.6%	6.7%
Among cardiac arrest patients ⁴	32.3%	31.6%	31.6%	32.0%
Among non-cardiac arrest patients*	3.4%	3.9%	3.9%	4.3%
Risk-adjusted death ⁶				
Expécted Mortality rate		7.2%	7.2%	6.9%
Observed/Expected Ratio		0.83	0.83	0.95
Lower 95% confidence limit	-	0.75	0.75	0.92
Upper 95% confidence limit	-	0.91	0.91	0.98
In-hospital Clinical Events ³				
Reinfarction	0.4%	0.4%	0.4%	0.8%
Cardiogenic shock	4.3%	5.3%	5.3%	6.9%
Heart Fallure	3.7%	3.7%	3.7%	5.5%
CVA/Stroke	0.6%	0.7%	0.7%	0.8%
Hemorrhagic stroke	0.0%	20.6%	20.6%	20.7%
Suspected Bleeding Event	3.0%	2.9%	2.9%	3.7%
RBC/Whole Blood Cell Transfusion	4.0%	4.2%	4.2%	4.2%
Any of above events	14.5%	15.2%	15.3%	16.8%
Median Length of Stay (days)*	3.0	3.0	3.0	3.0

Clinical Characteristics



*Among all hospitals in system's state; reported for states with 6+ sites

²Among all hospitals in Mission: Lifeline

³Excluding transfers out

From new data version (April 1, 2011) only

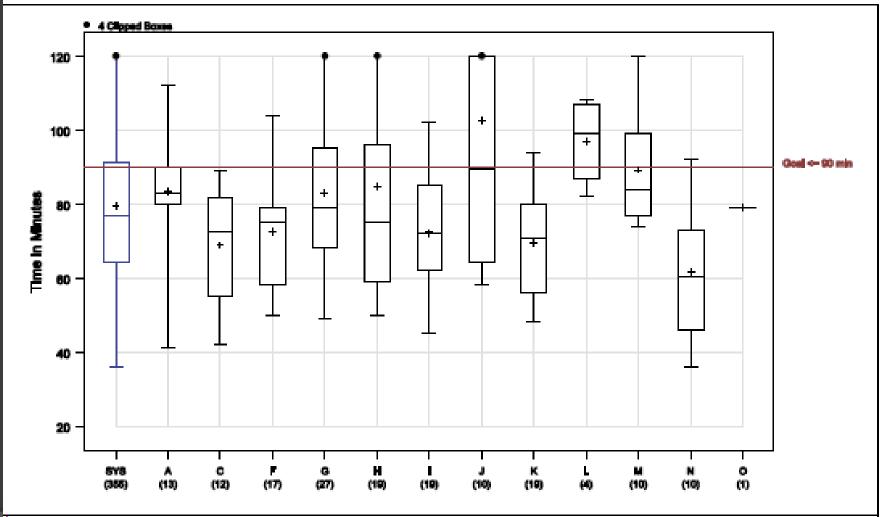
Refer to the Interpretation Manual for information on risk adjustment methodology

Excluding transfers in and transfers out

First Medical Contact to Device Activation Distribution of Times (minutes) Direct Presentation, Arriving via EMS







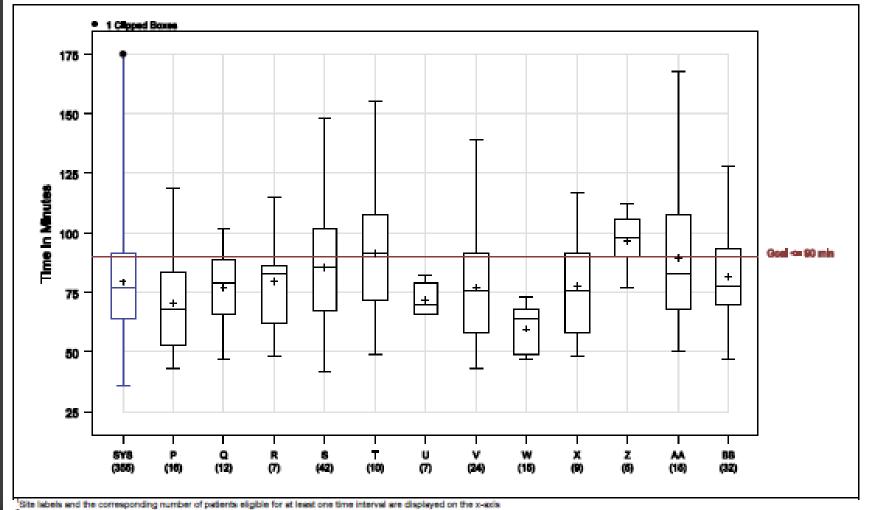
Site labels and the corresponding number of patients eligible for at least one time interval are displayed on the x-axis

Boxes are not displayed when there are no eligible patients in the time frame.

First Medical Contact to Device Activation Distribution of Times (minutes) Direct Presentation, Arriving via EMS







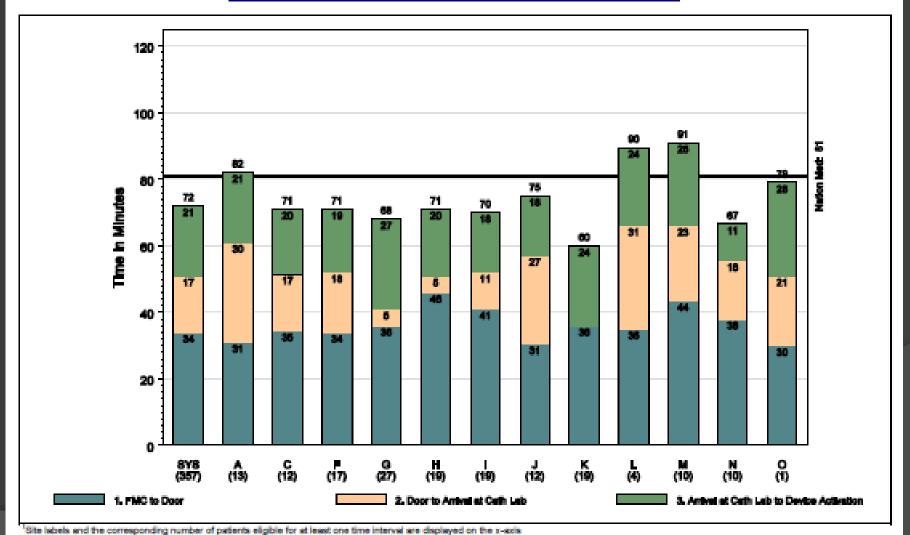
Boxes are not displayed when there are no eligible notions in the time frame

0017: 2013 G2

First Medical Contact to Device Median Time (minutes) Direct Presentation, Arriving via EMS





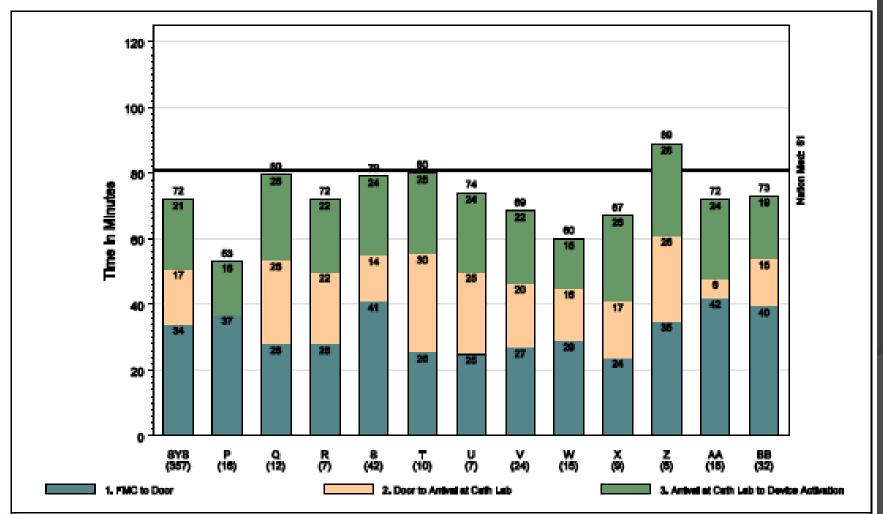


0017: 2013 G2

First Medical Contact to Device Median Time (minutes) Direct Presentation, Arriving via EMS







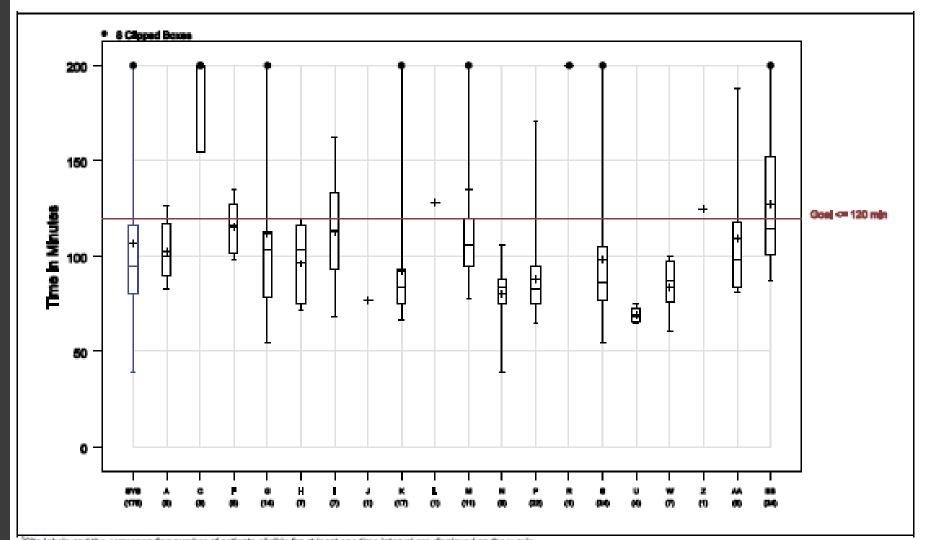
Site labels and the corresponding number of patients, eligible for at least one time interval are displayed on the x-axis.

Bars are not displayed when there are no patients eligible for at least one time interval. Additionally, specific time intervals without any eligible patients are not plotted.

Arrival at First Facility to Device Activation Distribution of Times (minutes) Transfer in for Primary PCI







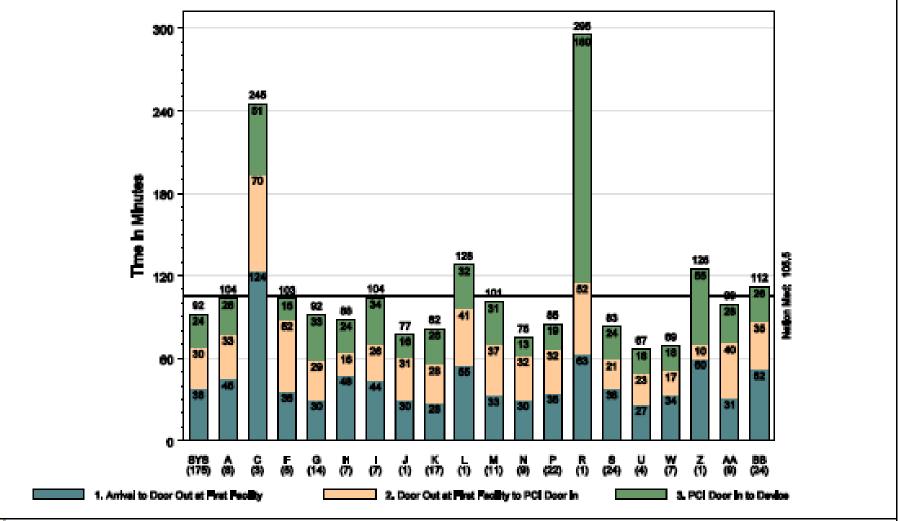
Site labels and the corresponding number of patients eligible for at least one time interval are displayed on the x-axis

Boxes are not displayed when there are no eligible patients in the time frame.

Arrival at First Facility to Device Median Time (minutes) Transfer in for Primary PCI







Site labels and the corresponding number of patients eligible for at least one time interval are displayed on the x-axis

Bars are not displayed when there are no patients eligible for at least one time interval. Additionally, specific time intervals without any eligible patients are not plotted.