# Stokes County Emergency Medical Services

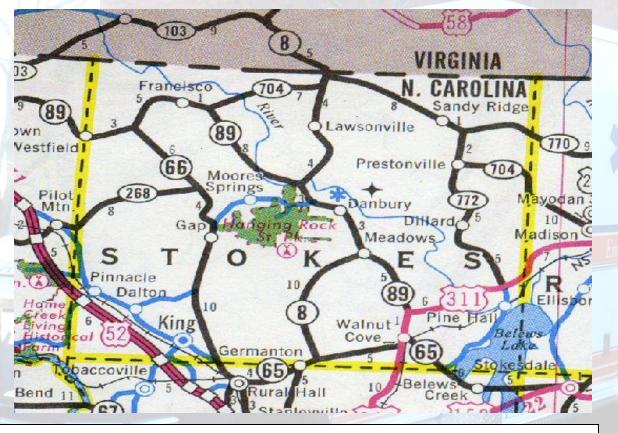
Dr. Darrell Nelson, FACEP, FAAEM

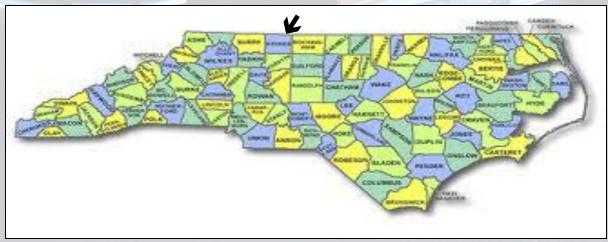
Medical Director

Monty Stevens, EMT-P
Director

Greg Collins, RN,EMT-P
Assistant Director

Brian Booe, EMT-P Training Officer





# **Stokes County EMS**

- 5 ALS credentialed Ambulances supported by 3 ALS Quick Response Vehicles.
- 57 FT/PT employees.
- Approximately 8000 (911) responses per year.
  - -67% ALS responses (Based on 2011 figures)
  - -31% BLS responses (Based on 2011 figures)

# Stokes EMS Interpretation of the 2010 AHA Changes

- High Quality, minimally interrupted chest compressions
  - -CPR where patient is found
- BIAD vs. Intubation
  - BIAD (King Airway EMS & First Responders)
- Avoiding excessive hyperventilation using the ITD (ResQPod-EMS & First Responders)
- Team Focused Approach



- Post-Resuscitation Care
- Therapeutic Hypothermia

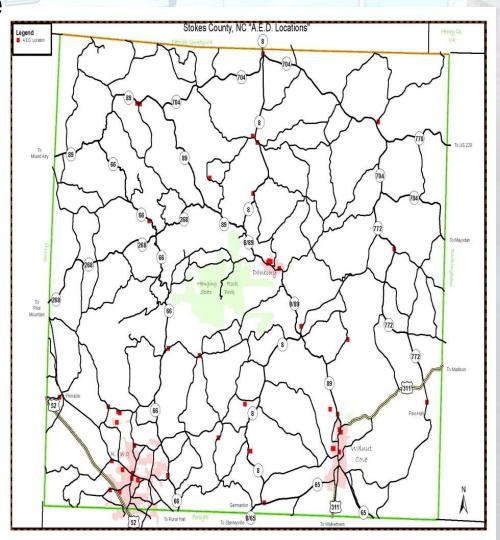
**TERMINATION OF RESUSCITATION ON SCENE** 

## **Community Outreach**

AED placement in the community

#### 61 AED's placed in Stokes County

- 30 All Public Schools
- 15 Churches
- 6 City of King Public Buildings
  - 1 AED deployed with Sgt. On Patrol,
- 6 Stokes County Government Center Buildings
- 1 Golf Course
- 1 ABC Store
- Additional AED's in Fire Departments



#### One of Our Success Stories

- 47 year old white male
- Friday evening at home with family, witnessed sudden cardiac arrest. Bystander CPR by wife.
- 9 year old daughter called 911
- First Responders defibrillated with AED, ROSC after 15 minutes, ALS
- Hypothermia Protocol initiated by Stokes
   County EMS and continued at Forsyth Medical
   Center
- Arrived at FMC with STEMI, unresponsive, no spontaneous respirations, no pupillary reaction, and no gag reflex

- Patient cooled for 24 hours then rewarmed
- Tuesday patient began to have pupillary reaction and spontaneous respirations
- Wednesday totally awake on vent,
   recognizing family and friends at bedside
- Thursday extubated
- Friday up in chair in CICU
- Tuesday (11 days post arrest) pt discharged home with short term memory loss



#### Elements of success:

- Witnessed Arrest
- Recognition, Call to 911
- Emergency Medical Dispatch -Instructions
- Bystander CPR
- Continuous, uninterrupted chest compressions
- 1st responder AED
- Appropriately timed ACLS interventions
- Hypothermia protocol

#### Influences to our System's Success

- Aggressive Public CPR Education
- 911 Dispatch Instructions for CPR
  - Recognition of CPR and beginning instructions within 60 seconds.
  - Simulcast of known cardiac arrest responses with Law Enforcement assistance in early CPR.
- AED's in First Responders privately owned vehicles.
- Code review with crews and facilities involved.
- Entry/Evaluation of Data using the CARES Registry
- Close working relationship with Wake Forest Baptist Health and Forsyth Medical Center & their RACE Coordinators
- NC Mission: Lifeline and RACE CARS

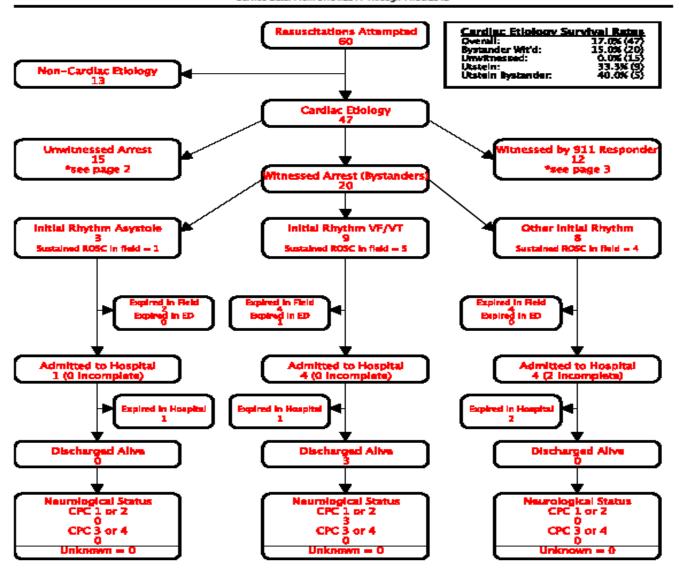
#### **Utstein Survival Report** Stokes County EMS Service Date: From 07/01/2011 Through 06/30/2012 Cardiac Etiology Survival Rates Resuscitations Attempted Overall: 19.4% (31) 21.4% (14) 0.0% (7) 50.0% (6) 66.7% (3) Bystander Wit'd: Unwitnessed: Utstein: Non-Cardiac Etiology Utstein Bystander: Cardiac Etiology 31 itnessed by 911 Responde **Unwitnessed Arrest** \*see page 2 \*see page 3 /itnessed Arrest (Bystander Initial Rhythm Asystole Initial Rhythm VF/VT Other Initial Rhythm Sustained ROSC in field = 2 Sustained ROSC in field = 1 Sustained ROSC in field = 3 Expired in ED Expired in ED Expired in ED Admitted to Hospital Admitted to Hospital Admitted to Hospital 1 (0 incomplete) 3 (0 incomplete) 2 (0 incomplete) Expired In Hospital Expired In Hospital Expired In Hospital Discharged Alive Discharged Alive Discharged Alive Neurological Status Neurological Status Neurological Status CPC 1 or 2 CPC 1 or 2 CPC 1 or 2 CPC 3 or 4 CPC 3 or 4 CPC 3 or 4 Unknown = 0Unknown = 0Unknown = 0

#### Cardiac Etiology Survival Rates

Overall: 19.4% (31)
Bystander Wit'd: 21.4% (14)
Unwitnessed: 0.0% (7)
Utstein: 50.0% (6)
Utstein Bystander: 66.7% (3)

#### **Utstein Survival Report**

Stokes County EMS Service Date: From 07/01/2011 Through 11/06/2012



### **Contact Information**

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